

Lorrene D. Ritchie, PhD, MS, RD

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EDUCATION:

BS	San Jose State University	1985	Chemistry (Biochem Concentration)
MS	University of California, Berkeley	1990	Nutritional Sciences
	<i>Thesis: Nutritional Anthropometry: Comparison of Rural and Urban Mothers and Children of Low Income Hispanic Families.</i>		
PhD	University of California, Berkeley	1995	Nutritional Sciences
	<i>Dissertation: Calcium Homeostasis During Pregnancy, Lactation and Following Weaning: a Longitudinal Study of Women</i>		
RD	University of California, Berkeley	1995	Dietetics (AP4 Program)

AWARDS AND HONORS:

Amanda J. Bryan Scholarship
Kaiser Fellowship
Regents Fellowship
Outstanding Graduate Student Instructor Award
U.S. Department of Agriculture Fellowship
Department of Nutritional Sciences Ellsworth C. Dougherty Memorial Award
Black Masque Alumni Scholarship
Soroptomist International Founder Region Fellowship
American Dietetic Association Foundation Barbara Bird Memorial Scholarship
Doctor of Philosophy with High Honors
University of California, Berkeley Chancellor's University and Community Partnership Award
Alameda County 2011 Excellence in Human Relations Award
Journal of Nutrition Education and Behavior Silver Author Recognition Award (2015, 2016)
Huddleson Award from the Journal of the Academy of Nutrition and Dietetics (2017)
Journal of Nutrition Education and Behavior Gold Author Recognition Award (2017, 2018, 2019)
Honorable mention for the American Journal of Preventive Medicine Paper of the Year Award (2018) for the article: Frongillo et al. Community Policies to Prevent Obesity and Child Adiposity.
Top 20 most read article award 2017-2018 from the journal Pediatric Obesity for the article: Strauss et al. The longitudinal relationship between community programs and policies to prevent childhood obesity and BMI in children: The Healthy Communities Study.

PROFESSIONAL MEMBERSHIPS:

American Academy of Nutrition and Dietetics
American Public Health Association
American Society for Nutrition
Bay Area Nutrition and Physical Activity Committee
California Dietetic Association

International Society for Behavioral Nutrition and Physical Activity
Society for Nutrition Education

PROFESSIONAL EMPLOYMENT:

1983 – 1985	Laboratory Technician, Lawrence Livermore National Laboratory, Livermore
1985 – 1987	Laboratory Technician, Institute for Medical Research, San Jose
1987 – 1988	Graduate Record Exam Instructor, Stanley Kaplan Educational Center, Palo Alto
1992	Postgraduate Research Associate, University of California, Berkeley
1994	Graduate Student Research Assistant, University of California, Berkeley
1995 – 1999	Lecturer, Department of Nutritional Sciences and Toxicology, University of California, Berkeley
1999 – 2000	Adjunct Assistant Professor, Intercollegiate Nursing Program, Samuel Merritt College, Oakland
2000 – 2005	Assistant Researcher and Project Director, Center for Weight and Health, University of California, Berkeley
2005 – 2014	Associate Researcher and Director of Research, Atkins Center for Weight and Health, University of California, Berkeley
2014 – present	Researcher (Full), College of Natural Resources, University of California, Berkeley
2014 – present	Director, Nutrition Policy Institute, and Cooperative Extension Specialist, Division of Agriculture and Natural Resources, University of California

EDITORIAL POSITIONS:

2003	Review of screening and treatment for childhood and adolescent obesity publication for the U.S. Preventive Services Task Force
2006	Reviewer for the <i>California Daily Food Guide ~ Technical Report for Professionals</i> published by the California Department of Health Care Services and California Department of Public Health
2009 – 2012	American Dietetic Association Weight Management Newsletter, Pediatrics Section Editor
2015 – 2021	California Agriculture Journal Associate Editor (two 3-year terms)
2019 –	International Journal of Environmental Research and Public Health Editorial Board
Ad Hoc Reviewer	American Journal of Clinical Nutrition American Journal of Public Health American Journal of Preventive Medicine Appetite BMC Geriatrics British Journal of Nutrition California Agriculture Childhood Obesity Contemporary Clinical Trials Ecology of Food and Nutrition Ethnicity and Health Diabetes Technology & Therapeutics Health Affairs International Journal of Behavioral Nutrition and Physical Activity International Journal of Environmental Research and Public Health International Journal of Obesity Journal of the American Medical Association - Pediatrics Journal of Adolescent Health Journal of Developmental and Behavioral Pediatrics Journal of Diabetes Science and Technology Journal of Ecology of Food and Nutrition

Journal of Health and Place
 Journal of Hunger and Environmental Nutrition
 Journal of Immigrant and Minority Health
 Journal of Nutrition
 Journal of Nutrition Education and Behavior
 Journal of Rural Health
 Journal of the Academy of Nutrition and Dietetics
 Journal of the American College of Nutrition
 Maternal and Child Health Journal
 Metabolism
 Nutrients
 Obesity
 Pediatrics
 Preventive Medicine
 Preventive Medicine Reports
 Preventing Chronic Disease
 Public Health Nursing
 Public Health Nutrition
 USDA ERS Economic Research Reports
 World Journal of Pediatrics

RESEARCH CONSULTATION AND PROFESSIONAL LEADERSHIP:

1999 – 2000	Consultant to Cooperative Extension Nutrition Specialist to design nutrition curricula for children
2001 – 2002	Consultant to UC Berkeley faculty on study design and grant writing on topics ranging from nutrient partitioning during exercise training to genetic markers of peak bone mass to etiology of anemia and preventive iron supplementation strategies for toddlers to barriers to health care experienced by obese women
2002 – 2005	Consultant to a service organization to evaluate a community program, Farm Fresh Choice, designed to provide fresh produce from small farmers of color to low income neighborhood residents
2003 – 2007	Member of the ADA Childhood Overweight Prevention Workgroup to develop a Family Nutrition & Physical Activity Screening Tool for pediatric overweight
2003 – 2007	Lead Evidence Analyst for the American Dietetic Association’s Evidence Analysis Process
2005 – 2006	Advisor to the Dairy Council of California for their Personal Nutrition Planner on-line tool
2005 – 2008	Member of Childhood Overweight Treatment Workgroup for the American Dietetic Association to create evidence-based on-line recommendations and resources to dietetics professionals across the country as well as internationally
2006 – 2009	Advisor to UC Davis investigators creating a Healthy Weight Checklist for low-income children and mothers for use in community-based programs to identify behaviors that put families at risk for obesity
2007 – 2010	Advisory Board member for State of the Art project entitled <i>Obesity Education Campaign</i> to create evidence-based parent media for obesity prevention
2007 – 2011	Research Advisor for the Santa Clara County Department of Public Health project entitled <i>Early Childhood Feeding Practice Project</i> to implement and evaluate an education program for medical providers and low-resource parents
2008 – 2009	Member of the California Department of Education Child Care Nutrition Standards Workgroup to recommend changes to the Child and Adult Care Food Program for licensed child care in California
2010 – 2011	Consultant to researchers at Abt and Westat on project and participant survey design for the SNAP Healthy Incentives Pilot. U.S. Department of Agriculture, Food

	and Nutrition Service, Office of Research and Analysis, “Healthy Incentives Pilot (HIP) Interim Report,” by Susan Bartlett <i>et al.</i> Project Officer: Danielle Berman, Alexandria, VA: July 2013.
2010 – 2012	Consultant on a music and health literacy project entitled <i>Hip Hop Food Pyramid</i> to engage children and families in nutrition and physical activity
2011	Consultant to the Child Care Food Program Roundtable (an organization dedicated to promoting healthy meals for children in child care) to evaluate ongoing and planned child obesity prevention activities in California child care settings
2012 – 2013	Safeway Foundation Scientific Advisory Board to review and recommend research proposals for funding
2012 – present	Member, Water Access Working Group, part of the CDC’s Nutrition and Obesity Policy Research and Evaluation Network (NOPREN)
2012 – present	Member, Early Childhood Education Working Group formed by the Robert Wood Johnson Foundation Healthy Eating Research and Active Living Research programs and part of the CDC’s NOPREN and Physical Activity Policy Research Network (PAPRN); name changed to Early Childhood Working Group in 2016; https://nopren.org/working_groups/early-care-and-education/
2012 – 2016	Co-Chair of the Subgroup on Research to Change Practice, formed by the Robert Wood Johnson Foundation Healthy Eating Research and Active Living Research programs and part of the CDC’s NOPREN and Physical Activity Policy Research Network (PAPRN)
2012 – 2014	Institute of Medicine (IOM) Committee on Evaluating Progress of Obesity Prevention Efforts
2013	Iowa Nutrition Network Expert Evaluation Advisory Committee to advise on a statewide public health evaluation plan
2013	USDA WIC Nutrition Services Administration Cost Study Peer Advisory Panel to advise Altarum on study design and tool development
2012 – 2015	Expert advisor on an NIH R13 Award, Increasing Water Intake in Lieu of Sugar-Sweetened Beverages among Latino Youth, to Anisha Patel, MD, UCSF
2014	Reviewer for research proposals submitted to USDA/ARS Center for WIC Nutrition Education Innovations at Baylor College of Medicine
2014 – 2015	Member of the AB 290 Workgroup convened by California’s Emergency Medical Services Authority to develop nutrition curriculum standards for childcare licensing
2014 – 2015	Member of CDC Consultative Review Group on Nutrition and Physical Activity Surveillance in the Early Care and Education Setting
2015 – present	Ad hoc reviewer for research proposals, reports and briefs submitted to Robert Wood Johnson Foundation Healthy Eating Research program
2015 – present	Appointed by UC President Napolitano to be UC liaison to the Presidents United to Solve Hunger (PUSH) Initiative
2015 – 2016	Invited member of the Association of Public & Land-Grant Universities Extension Committee on Organization and Policy (ECOP) Healthy People, Healthy Communities Initiative Design Team
2015	Invited to attend Food and Nutrition Workshop of the President’s Council of Advisors on Science and Technology (PCAST)
2015 – 2019	Nutrition consultant to Westat on NIH Children’s Health Exposure Analysis Resource (CHEAR) Coordinating Center
2016	Advisor to Robert Wood Johnson Foundation on Best Practices for Child Obesity Prevention Interventions in 0-24 Month Olds
2016 – 2017	Advisory Council on Nutrition and Healthy Food Choices, USDA’s Foundation on Food and Agriculture Research (FFAR), including review of grant proposals
2017 – 2019	Urban Food Systems/Making MyPlate Your Plate Advisory Council, USDA’s FFAR (as part of reorganization of the Foundation)
2019 – 2021	Health-Ag Nexus Challenge Area Advisory Council, USDA’s FFAR (as part of another reorganization of the Foundation)

2016 Invited reviewer by the National Academy of Medicine: Committee to Review WIC Food Packages: Improving Balance and Choice. The National Academies Press. Washington, DC. 2016.

2017 – 2019 Nutrition consultant on the San Francisco Unified School District Nutrition Guidelines Advisory Committee.

2017 Sugar, Stress, Environment and Weight (SSEW) Initiative Committee to plan the Annual Symposium on Hunger, Stress, and Obesity. UC Los Angeles, October 25, 2017.

2014 – present UC ANR representative to the UC Office of the Present Global Food Initiative
2018 Proposal reviewer for National Institute of Food and Agriculture's (NIFA) Exploratory Research program of the Agriculture and Food Research Initiative (AFRI)

2018 – 2020 National Collaborative on Childhood Obesity Research (NCCOR): Childhood Obesity Evidence Base (COEB) Expert Advisory Panel to advise on a national pilot test of a novel meta-analytic method for evidence aggregation on obesity prevention in young children (0-5 years old)

2018 – 2019 Child Care Aware of America and NCCOR: Early Care and Education Innovation Collaborative (ECE IC) Family Child Care Workgroup to work on health equity, the state of family child care, and the needs of the field nationally

2018 – present National WIC Association's WIC Access Workgroup to identify reasons and explore solutions to declining participation in WIC nationwide

2018 Reviewed grant proposal for the PSI Foundation, Toronto, Canada
2018 Reviewed leaders guide and participant guide for a UC ANR curriculum: "I Want My Own Place! What Should I Know?" part of Money Talks Series

2018, 2020 Reviewed issue brief for the Robert Wood Johnson Foundation Healthy Eating Research Program

2018 Expert Panel on Community-based Childhood Obesity Prevention convened by Tufts University

2018 Search Committee for a CE Specialist position in the Department of Nutrition Sciences and Toxicology at the University of California, Berkeley

2017 – 2018 UC ANR sub-committee of the Research to Policy Workgroup to create guidelines for documenting policy efforts in the performance review process for academics

2017 – 2019 Advisor on childcare/CACFP research project of Jamie Chriqui, University of Illinois, Chicago

2018 – present UC ANR representative on the Advisory Committee for the UCOP Global Food Initiative

2018 – present Center for Science in the Public Interest, [National Alliance for Nutrition and Physical Activity's](#) Child Nutrition Subcommittee member

Nov 2018 Reviewer for the California Institute for Water Resources grant proposals submitted to the National Institutes for Water Resources (NIWR) system

2019 UC ANR ad-hoc subcommittee of the 17/18 Peer Review Committee to amend merit and promotion processes

2019 UC ANR ad-hoc committee to review an academic promotion package
2019 UC ANR search committee for the Chief of Staff for VP Humiston

2019 – 2020 UC ANR ad-hoc committee on social media

2019 – 2020 Advisory Group member on project to test messages about policies to reduce young children's sugary drink consumption; lead by Lori Dorfman at Berkeley Media Studies Group, Jeff Niederdeppe at Cornell, Liana Winett at Portland State

2019 – 2020 Member of the Robert Wood Johnson Foundation Healthy Eating Research Program Annual Conference Planning Committee

2020 Reviewer for the USDA's Foundation for Food and Agriculture Research grant proposals on Emergency Food System Supplements during COVID-19

2020 Reviewer for the Robert Wood Johnson Foundation Healthy Eating Research-funded brief and a research proposal on WIC during COVID

2020 Reviewer for the USDA/Abt of a manuscript on a USDA-funded childcare study prior to submission to a journal

2021 UC ANR ad-hoc committee to review CE Specialist promotion cases

TEACHING AND STUDENT SUPERVISION RESPONSIBILITIES:

Fall 1995 – 2000 Course Instructor, Medical Nutrition Therapy (NS 166), Department of Nutritional Sciences and Toxicology, UC Berkeley

Fall/Sp, 1999 – 2000 Course Instructor, General Nutrition, Nursing Program, Merritt College

Fall 1999 Guest Lecturer, Graduate Nursing Course, Nursing Program, Merritt College

Spring 1997 – 2004 Guest Lecturer, Human Nutrition and Metabolism, Department of Nutritional Sciences and Toxicology, UC Berkeley

March 2005 Guest Lecturer, Molecular Cellular Biology (MCB 15) course lecture, UC Berkeley.

April 2006 Guest Panelist, Maternal and Child Health Nutrition graduate course panel, UC Berkeley

Fall 2006 Guest Lecturer, 3 public health nutrition courses, UC Berkeley

Fall 2008, 2009 Guest Lecturer, Community nutrition course, UC Berkeley

Summer 2007 – 2011 Guest Lecturer, Japanese Dietetic Student Exchange Program, UC Davis.

Fall 2010 Guest Lecturer, Biostatistics course lecture, UC Berkeley

2012 – present Guest Lecturer to 2-3 public health nutrition courses annually (Food and Nutrition Policies and Programs (PH206B), Public Health Aspects of Maternal and Child Nutrition (PH207A), and Seminar on Social, Political, and Ethical Issues in Health and Medicine (PH116), UC Berkeley

2009 – 2018 Advisor to undergraduate students at UC Berkeley (and other colleges if specified)

- Jessica Soldavini: CNR Honors Program titled "The Effects of Nutrition Claims on Children's Perceptions of the Healthfulness of a Product and Its Impact on their Preferences" (2009-2010)
- Marya Kudiya: Senior Honors Thesis titled "Sleep Duration and Obesity in Adolescent Black and White Girls" (2010-2011)
- Amy Edmonds: CNR Honors Program titled "Extent to which Farmers' Markets in the Bay Area include foods other than fresh fruits and vegetables and the degree to which such markets accept WIC and/or SNAP benefits" (2012-2013)
- Osman Shokoor: NIH Summer Research Program administered by Children's Hospital Oakland Research Institute and UCSF to develop a tool to assess the nutrition environment in childcare (2016-2017)
- Adrian Valderrama: NIH Summer Research Program administered by Children's Hospital Oakland Research Institute and UCSF to validate a tool to assess the nutrition environment in childcare (2017-2018)
- Azar Dixit: NIH Summer Research administered by Children's Hospital Oakland Research Institute and UCSF to validate a tool to assess the nutrition environment in childcare (Williams College; 2017-2018)
- Raquel Traseira Pedraz: NIH Summer Research Program administered by Children's Hospital Oakland Research Institute and UCSF to compare across the 50 US states the childcare licensing policies on beverages served to children (University College London medical school; 2018)
- Anna Rios: NIH Summer Research Program administered by Children's Hospital Oakland Research Institute and UCSF to write a grant proposal to study the impacts of milk fat type on toddler weight and health (2020)

2011 – 2020 Doctoral student thesis advisor and member of oral qualifying examination committee

- Hannah Thompson: PhD in Epidemiology, UCSF (2011-2012)
- Stephanie Leonard: PhD in Epidemiology, UCB (2015-2017)

2013 – 2020

- May Lynn Tan: DrPH in Public Health Nutrition; Child Food Insecurity, School Nutrition, and Dietary Intake: secondary analysis of Healthy Communities Study and Power Play! (2015-2018)
- Stephanie Machado: DrPH in Public Health Nutrition: Multi-Pronged Dining Redesign Intervention to Increase Secondary Student Participation in School Lunch (2017-2020); also member of dissertation committee

Masters student thesis advisor

- Sara Moore: MA in Biostatistics, School of Public Health, UCB; Thesis title “Can the ‘Wrong’ Amount of Sleep Make you Fat? Sleep and Adiposity in Young Women” (2013-2014)
- Kennan Fenton: MA in Biostatistics, School of Public Health, UCB; Thesis title “The Effect of Play Before Lunch on Lunchtime Fruit and Vegetable Consumption” (2013-2014)
- Sridharshi Hewawitharana: MPH in Biostatistics, School of Public Health, UCB; Thesis title: “Concurrent Validity of the NHANES Dietary Screener Questionnaire Compared to the Automated Self-Administered 24-Hour Recall for Children in the Healthy Communities Study” (2015-2016)
- Gemma DiMatteo: MPH in Biostatistics, School of Public Health, UCB; Thesis topic: Water and Sugary Beverage Intake in relation to Total Energy Intake in a National Sample of Children (2016-2017)
- Colleen Plimier: MPH in Biostatistics, School of Public Health, UCB; Thesis topic: Relationship between Programs and Policies to Prevent Childhood Obesity and Unintended Behavioral Consequences in a National Sample of Communities (2016-2017)
- Maria Isabel Rangel: MPH in Health and Social Behavior, School of Public Health, UCB; Thesis topic: Latina Health in the Trump Era (2017-2018)
- Lilly Nhan: MPH in Public Health Nutrition, School of Public Health, UCB; Thesis topic: Participation in WIC and school lunch is associated with healthier diet quality among children in the Supplemental Nutrition Assistance Program (2017-2018)
- Melanie Colvin: MPH in Public Health Nutrition, School of Public Health, UCB; Thesis topic: Impacts of an online childcare beverage training (2018-2019). GFI fellow topic: Addressing Housing Insecurity & Food Insecurity for Families and Individuals in California (2018-2019)
- Kaitlyn Burns: MPH in Public Health Nutrition, School of Public Health, UCB; Thesis topic: Relationship of neighborhood food access to what childcare centers and homes in California served to young children (2018-2019)
- Isabel Thompson: MPH in Biostatistics, Schools of Public Health, UCB; Thesis topic: Introduction of juice and sugar-sweetened beverages in relation to toddler beverage intake and diet quality: the WIC Infant-Toddler Feeding Practices Study-2 (2019-2020)
- Sophia Navarro: MPH in Biostatistics/Epidemiology, Infectious Disease and Vaccinology, and Nutrition, School of Public Health, UCB; Thesis topic: Associations between household food insecurity, children’s physical activity, and neighborhood environment: The Healthy Communities Study (2019-2020)
- Laurel Moffat: MPH in Public Health Nutrition, School of Public Health, UCB; Thesis topic: Perceived availability of produce in neighborhood to household availability and child intake of fruits and vegetables (2019-2020)

2020

Masters student summer internship supervisor

- Sophia Navarro: MPH in Biostatistics, School of Public Health, UCB; Analysis of the relationship between milk type consumed and BMI among 4th grade students in the Water First intervention trial

- 2012 – 2015
 - Erin Esaryk: MPH in Public Health Nutrition, School of Public Health, UCB: Analyses of data on UC student food and housing insecurity
 Co-supervisor to postdoctoral fellows
 - Cindy Leung, DSc, MPH, as part of the UC Office of the President multi-campus center “Stress, Environment and Weight”, a collaboration between UCSF, UC Davis and UC Berkeley’s Atkins Center for Weight and Health (2012-2015)
 - Lauren Au, PhD, RD, impacts of online WIC nutrition education, Nutrition Policy Institute (2014-2015)
 - Suzanna Martinez, PhD, food insecurity among university students (2014-2015)
- 2014 – present
2017- 2018
 - Co-supervisor to UCSF student RD interns (1-3 per year) for community rotation
 - Supervisor to U Michigan student RD intern for research rotation, Phoebe Harpainter (2017) and Marisa Tsai (2018)
- 2015 – present
 - Advisor to UCOP Global Food Initiative Student Fellows (* and thesis advisor)
 - Jacqueline Chang: UCOP Global Food Initiative Student Fellowship to develop, pilot-test and refine questions on food insecurity for UC students and explore methods to survey student to determine prevalence of food insecurity on UC campuses (UCB undergraduate student, 2014-2015)
 - Erika Brown: UCOP Global Food Initiative Student Fellowship to analyze data collected on student food insecurity on UC campuses and write one or more manuscripts (MPH student, 2015-2016)
 - Gemma DiMatteo: UCOP Global Food Initiative Student Fellowship to analyze data from the National Health and Nutrition Examination Survey on child beverage intakes in relation to overall dietary quality (MPH biostats/epi student; graduated, 2016-2017)*
 - Sonya Zhu: UCOP Global Food Initiative Student Fellowship to analyze data from the Healthy Communities Study on the relationship between household food insecurity and child nutrition and physical activity behaviors (MPH public policy/nutrition student, 2017-2018)*
 - Melanie Colvin: UCOP Global Food Initiative Student Fellowship to examine food insecurity in relation to physical activity and housing insecurity (MPH nutrition student, 2018-2019)
 - Sonali Singh: UCOP Global Food Initiative Student Fellowship to examine the impacts of kids’ meal default beverage policy on restaurant menus (MPH, nutrition student, 2020-2021)
- 2016 – present
 - Advisor to recipients of NIH K01 Research Scientist Development Awards
 - Dr. Lauren Au: Disparities in the Relationship Between the School Nutrition Environment and Childhood Obesity; 5/2016 – 4/2021
 - Dr. Suzanna Martinez: Sleep Duration and Risk for Obesity in Mexican American Children; 8/2016 – 6/2021
- October 2017, 2019
 - Guest lecture for seminar on Policy and Public Health for medical students (Professors Kate Burndorf and Eugene Lewit), Stanford University, Palo Alto
- 2020
 - Senior project mentor to high school student (Concord High) on nutrition

MEETING AND CONFERENCE ORGANIZATION:

- 2002 – 2003
 - Speaker and organizer of health fair activities at two annual Center for Research and Education in Aging conferences at UC Berkeley
- 2002 – 2003
 - Member of the planning committee of CWH “Symposium on Prevention of Type 2 Diabetes in Youth: Pathogenesis to Public Policy”
- 2003 – 2005
 - Member of the Program, Marketing/Sponsorship, and Exhibitor/Poster Planning Committees for the 2005 California Childhood Obesity Conference
- 2007
 - Ambassador for the 2007 California Childhood Obesity Conference

2008 – 2009	Member of the Program Planning Committee for the 2009 Childhood Obesity Conference
2008	Session facilitator and organizer for the California 4-H Youth Development Program
2010 – 2011	Member of the Early Childhood Track Planning Committee for the 2011 Biennial Childhood Obesity Conference
2011 – 2012	Member of the Robert Wood Johnson Foundation Healthy Eating Research 6th Annual Meeting Planning Committee
2012	Organizer of CWH-sponsored Department of Nutritional Sciences and Toxicology Seminar (Dr. Olivier Receveur from University of Montreal)
2011 – 2012	Organizer of UC Office of the President COAST 2012 Annual Seminar on Sleep, Stress and Obesity (http://www.chc.ucsf.edu/coast/symposia.html)
2012 – 2013	Member of the Early Childhood Track Planning Committee for the 2013 Biennial Childhood Obesity Conference
2017	Emcee for the Closing of the 10 th Biennial Childhood Obesity Conference
2019	Emcee for the Opening of the 10 th Biennial Childhood Obesity Conference
2019 – 2020	Member of the Robert Wood Johnson Foundation Healthy Eating Research 14th Annual Meeting Planning Committee

EXPERT TESTIMONY AND PRESS SPOKESPERSON:

2004 – present	<p>Expert input on nutrition and obesity topics to the media. Selected examples:</p> <ul style="list-style-type: none"> • 5/4/06: NBC11 News (Bay Area Today) interview with Brent Cannon • 2/9/07: KCBS interview with Rebecca Corral • 9/7/07: More Public Radio (88.1 or 97.7) interview on The Health Today Show, • 2007-2008: Guest appearances on a children's cooking show (<i>HEART Smart</i>) aired on Comcast in Northern California • 1/12: Reuters Health interview and article published by Geneva Pittman, Medical Journalist, on timing of eating study • Spring 2012: UC Berkeley College of Natural Resource <i>Breakthroughs</i> brief article on study published in AJCN • CBS TV News interview with Dr. Kim Mulvihill on Sleep, Stress and Obesity, September 20, 2012 • 8/5/13: KQED NPR interview for radio (The California Report) and State of Health blog (http://blogs.kqed.org/stateofhealth/) with reporter, Lisa Aliferis, on preschoolers risk of obesity from sugary drinks • 10/23/14: Interviewed for ANR's Spanish language radio on our beverages in childcare research • 12/24/14: Lehman S. Recess timing may not affect kids' fruit and vegetable intake. Reuters. http://uk.reuters.com/article/2014/12/24/us-health-nutrition-children-recess-idUKKBN0K217L20141224. • 1/7/15: UCOP story on Adding water to MyPlate and ANR Food Blog, and UC Health • 1/12/15: Interviewed for ANR's Spanish language radio on the importance of drinking water in lieu of sugar drinks • 1/12/15: NPR article in "The Salt" on NPI efforts to get water added to MyPlate • 3/2/15: Forbes article on Water and the Dietary Guidelines • 3/12/15: UCOP story on Water first for thirst • 4/1/15: UCOP story on School nutrition study • 5/15/15: UCOP story on UC student food insecurity • 6/9/15: UCOP story on Child Obesity Conference • 8/7/15: Interviewed for story on Food Guidance and MyPlate for Safebee.com, an online CNN and Discovery publication • 8/15: ANR GFI Stories from the Field article on Lorrene
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- 9/8/15: UCOP story on [School kitchen equipment study](#)
- 9/8/15: Mark Bittman featured our USDA NIFA study in NY times '[Serving Up School Lunches of Tomorrow](#)'
- 10/9/15 The Guardian: Could low-fat be worse for you than whole milk? <https://www.theguardian.com/lifeandstyle/2015/oct/09/low-fat-whole-milk-usda-dietary-guidelines>
- 11/3/15 UC news article: The research that's changing U.S. food policy <https://www.universityofcalifornia.edu/news/research-changing-us-food-policy>
- 12/10/15 UCANR Food Blog article: Both in-person and online nutrition education are effective for teaching WIC participants <http://ucanr.edu/?blogpost=19710&blogasset=81020>
- 12/11/15 UCANR Food Blog article: ANR food drive nets \$3,808 for food bank <http://ucanr.edu/?blogpost=19725&blogasset=52096>
- 1/15/16 UC news article: What to know about the new federal dietary guidelines <http://www.universityofcalifornia.edu/news/what-know-about-new-federal-dietary-guidelines>
- 2/16: APHA Nation's Health features story on study that showed relationship between school meal participation and overall diet quality <http://thenationshealth.aphapublications.org/content/47/1/8.full>
- 2/16: Briefings in Breastfeeding Medicine features article on Infant Report released on the WIC Infant-Toddler Feeding Practices-2 study <http://view.liebertpubmail.com/?qs=98d6d13fef4f94a5fe1e3a64e9836fd1c198b6560907caf919c75a35551f24659e2e737c5aa39b12a850622731ec5b03e125f8726f0f4d6e68584797874c0e41e4f29348d84c7872>
- 6/17/16 UCANR Food Blog article: USDA school kitchen grants enable kids to make healthy food choices <http://ucanr.edu/News/?blogpost=21310&blogasset=2578>
- 7/11/16 San Francisco Chronicle article on study of UC student food insecurity <http://www.sfgate.com/education/article/Nearly-1-in-5-UC-students-goes-hungry-survey-8352973.php>
- 7/11/16 East Bay Times article on study of UC student food insecurity http://www.eastbaytimes.com/education/ci_30116581/1-5-uc-students-struggles-hunger-study-finds?source=rss
- 7/13/16 Daily Cal article on study of UC student food insecurity <http://www.dailycal.org/2016/07/13/uc-president-allocates-3-3-million-combat-uc-food-insecurity/>
- 7/13/16 Los Angeles Times article on study of UC student food insecurity <http://www.latimes.com/local/california/la-me-uc-food-insecurity-07112016-snap-story.html>
- 7/21/16 UCANR blog on study of UC student food insecurity http://ucanr.edu/News/ANR_News_Blog/?blogpost=21609&blogasset=58743
- 7/24/16: KCBS radio live interview by Melissa Culross on UC student food insecurity
- 9/21/16: UCANR News and Information Outreach video on Advances and challenges in addressing obesity <https://www.youtube.com/watch?v=h3VO7zJOHbw> (Spanish)
- 9/28/16: UCANR News and Information Outreach video on Preventing child obesity and related diseases <https://www.youtube.com/watch?v=qeSMDOliJM&feature=youtu.be>
- 12/16: Podcast: "[Costs](#)" of Insecurity -- Dr. Lorrene Ritchie, UC ANR Food Policy Institute by Farm To Table Talk
- 11/19/16: [Reuters Health](#) and [Reuters Health UK](#) Coke and Pepsi sponsor groups trying to wean U.S. off soda

- 11/19/16: [UCSF News](#) Study linking shorter sleep with sugar-sweetened Drink consumption
- 12/5/16: [ANR blog](#) Benefits of school lunch
- 12/6/16: [News Medical Life Sciences](#) New study highlights benefits and nutritional quality of school lunch program
- 12/7/16: [Lab Manager](#) New Nutrition Policy Institute study highlights benefits of school lunch
- 12/9/16: [The New York Times](#) California today: Is a UC education affordable anymore?
- 12/22/16: [Huffington Post](#) House Conservatives target healthy school lunch standards
- 12/26/16: [Special Needs Digest](#) House Conservatives target healthy school lunch standards
- 2/9/17: [UC News](#) How California is reinventing school lunch
- 3/3/17: [UC Food Observer](#) National Nutrition Month encourages better health
- 5/26/17: [UC Food Observer](#) Nutrition research: From energy drinks to obesity
- 7/20/17: UC ANR Video: [La obesidad infantil y la falta de oportunidades de una vida saludable](#) Child obesity & unhealthy environments
- 7/27/17: [UC ANR News](#) (Spanish) La obesidad infantil y las desigualdades sociales (Childhood obesity and social inequalities)
- 8/4/17: [UC ANR News](#) (Spanish) El agua es la mejor bebida para la sed (Water is the best drink for thirst)
- 8/4/17: UC ANR Video: [La importancia de beber agua vs. refrescos](#) Importance of drinking water vs. sugary beverages
- 9/17/17: [UC Food Observer](#) Cal Ag #GlobalFood special issue
- 3/29/18: [True Health Initiative](#): Which is better for weight loss: a low-fat or a low-carb diet? Invited commentary on a study published in JAMA by Gardener et al. Between the Headlines Newsletter. 2018:3(3).
- 8/20/18: [The Forum with Michael Krasny](#): new studies on dietary carbohydrates and longevity. KQED FM 88.5. <http://bit.ly/forum-carbohydrates>
- 8/30/18: [Politico article](#): Immigrants drop out of nutrition program fearing Trump immigration crackdown. Interviewed for article by Helena Bottemiller Evich
- 11/14/18: Interviewed by Helen Christophi, [Courthouse News](#), on child obesity prevention efforts and the food industry
- 1/22/19: Interviewed by Norma De la Vega, [UC ANR News](#), on healthy food and food insecurity for Hispanic populations
- 2/4/19: Interviewed by Jessica Glenza, [The Guardian](#), Revealed: how big dairy pushed fattier milks into US schools
- 2/27/19: Interviewed by Fran Kitz, [California Health Report](#), Legislation introduced to fund nutritious food for children in childcare
- 3/25/19: Featured in article by Teresa O'Connor, [Kellogg Fellows Leadership Alliance](#), Science-Based Food Policies: What Works, What Doesn't; also featured by [FoodTank](#)
- 4/3/19: Interviewed by Laura Reiley, business of food reporter **for** [The Washington Post](#) about the Dietary Guidelines addition of pregnant and breastfeeding women and children 0-2 years old
- 4/17/19: Interviewed by NYU pediatrician Arun Chopra on infant obesity on [SiriusXM Doctor Radio](#)
- 4/29/19: Letter to the editor, [SF Chronicle](#), on food security consequences of the high cost of college: Resources in college
- 10/17/19: Interviewed by Alyssa Perry, KPCC [audio](#) and LAist [print](#) on unhealthy snacks provided by LA Rec and Park's After-School Programs

- 10/17/19: Interviewed by Laura Reiley, [The Washington Post](#), Sweet excess: How the baby food industry hooks toddlers on sugar, salt and fat
- 12/5/19: Interviewed by Brian Dunleavy, [United Press International](#), [Breitbart](#) and featured in 12/6 issue of UC's Fiat Lux weekly digest, on school health education and urban food desserts and child health
- 3/31/20 and 4/6/20: Interviewed by Ganda Suthivarakom, [New York Times](#), Food hoarding and what to buy during COVID-19
- 3/31/20: Interviewed by Jeannette E Warnert, [UC News Blog](#), Empty store shelves are not a sign of impending disaster
- 4/16/20: Interviewed by Pam Kan-Rice, [UC News Blog](#) and [YubaNet](#), Urban ag supplies fresh fruits and vegetables, part of a healthy diet
- 8/20/20: Interviewed by Jeannette E Warnert, [UC News Blog](#) and [MorningAg Clips](#), New policies can inspire families to provide healthy beverages to children
- 9/28/20: Interviewed by Krissa Welshans, [Feedstuffs](#), Kids still drink milk when chocolate milk is pulled
- 10/12/20: Interviewed by Annika Constantino, [Daily Cal](#), UC Berkeley study shows interventions affect school lunch participation
- 11/20: Podcast: [Keeping America Fed: Food Security and Nutrition Post-COVID](#) Interviewed by Abt's Maria Boyle about the long-term impacts of COVID-19 on consumer practices, food security and nutrition in the United States
- 11/9/20: Interviewed by Brian Dunleavy, [UPI](#), A program based on mindfulness increases pre-school children's interest in fruit and vegetables (story also run by [The Washington Newsday](#) and featured in the AND Smartbrief monthly newsletter emailed to Academy of Nutrition and Dietetics members)

April 14, 2009	Testimony on childcare nutrition. Assembly Human Services Committee Hearing on AB 627 Sacramento, CA.
May 14, 2009	Testimony on strengthening the WIC program (Chairwoman Carolyn McCarthy). Congressional Subcommittee on Healthy Families and Communities, Committee on Education and Labor (Chairman George Miller). Washington, DC.
July 15, 2009	Testimony on childcare nutrition. Senate Health Committee Hearing on AB 627 Sacramento, CA.
February 23, 2010	Testimony to the Institute of Medicine's Food and Nutrition Board Committee to Review Child and Adult Care Food Program Meal Requirements. Washington, DC.
April 13, 2010	Testimony on childcare beverages. Assembly Human Services Committee Hearing on AB 2084 Sacramento, CA.
May 21, 2010	Presentation at a Beverage Briefing of the California Task Force on Youth and Workplace Wellness on Beverages & Childhood Obesity. Sacramento, CA.
June 23, 2010	Testimony on childcare beverages. Senate Health Committee Hearing on AB 2084 Sacramento, CA.
July 20, 2010	Presentation on nutrition education research in WIC at the Institute of Medicine Workshop, Health Impacts of WIC – Planning a Research Agenda. Washington, DC.
February 7, 2012	Presentation on methods for assessing barriers and facilitators to providing meals and snacks that align with the current dietary guidance at the Institute of Medicine Workshop, Review of the Child and Adult Care Food Program: Future Research Needs. Washington, DC.
August 20, 2014	Consultation to the Packard Foundation on childcare nutrition and obesity research and implications for child development and school readiness.

October 21, 2014	Legislative Briefing presentation at The California Endowment in Sacramento sponsored by California Food Policy Advocates on School Breakfast: Health, Academics and the Bottom Line.
February 19, 2016	Testimony on the Dietary Guidelines Advisory Committee evidence analysis process and report to the USDA's Center for Nutrition Policy and Promotion. Washington, DC.
September 1, 2016	Recorded Spanish language podcast titled "Nutritious breakfasts help students learn" for UCANR News and Information Outreach
December 13, 2016	Recorded podcast titled "Costs" of Insecurity on <i>Farm to Table Talk</i> hosted by Rodger Wasson. https://soundcloud.com/farmtotabletalk/costs-of-insecurity
January 10, 2016	Testimony on the Nutrition Evidence Library evidence review and analysis process, and on how the Guidelines can better ensure nutritional sufficiency for all Americans to the National Academy of Medicine's Public Workshop on the Dietary Guidelines for Americans. Washington, DC.

VOLUNTEER ACTIVITIES:

1998 – 2001	Assistant Leader, Girl Scout Troop
1998 – present	Instructor providing nutrition lessons to schools and scouting groups
1999 – 2006	Elected Elementary School Site Council Member and Chairperson
2003	Campaign Volunteer for local school bond measure (Measure A) to provide \$120M for school facilities
2002 – 2008	Advisory Board member for UC Berkeley's Center for Research and Education in Aging (CREA)
2004 – 2006	Leader, Cub Scout Den
2003 – 2014	Co-Founder and Co-Chair of the Health Education and Resource Team (HEART), a health advisory council for a local school district
2008	Campaign volunteer for a local parcel tax for preventing youth violence (Measure UU)
2008 – 2011	Policy Council Member & Nutrition Advisory Committee Member, Child, Family & Community Services, Inc. (a non-profit Head Start and Early Head Start Grantee in Alameda County)
2010	Campaign Volunteer to elect County Supervisor
2010 – 2011	District Advisory Committee Member for local school district
2007 – 2018	Team Captain and Leadership Committee Member (Team Development, Team Recruitment, Fight Back), American Cancer Society Relay for Life, Union City
2010 – 2011	Elected High School Site Council Member
2010 – 2014	Forensics Judge Committee, to recruit and organize judges for local high school speech and debate team
2010 – 2011	Alameda County Courage Campaign Leadership Team, grass roots group organized to overturn Proposition 8 and promote marriage equality
2011	Campaign Volunteer for a local school parcel tax (Measure B)
2010 – 2012	Committee Chair, Science in the Park Health, a community-based event to promote healthy eating and physical activity
2011 – 2015	Board of Directors, Child, Family & Community Services, Inc., a non-profit organization providing education and family support services to low-income families living in southern Alameda County
2011 – present	Board of Directors, Tri-CED Community Recycling, California's largest non-profit recycling organization dedicated to hiring hard to employ individuals and reintegrating them back into the workplace
2012	Campaign Volunteer for parcel tax (Measure H) to provide \$3M/year to local schools
2017 – present	Member of Nutrition Guidelines Committee for San Francisco Unified School District

PROFESSIONAL TRAININGS:

September 7, 2012	Completed Collaborative Institutional Training Initiative (CITI) Human Research Curriculum – Group 1 Biomedical Research
September 18, 2014	Completed CITI Human Research Curriculum – Group 2 Social and Behavioral Research
August 8, 2017	Completed CITI GCP- Social and Behavioral Research Best Practices for Clinical Research
February 4, 2019	Completed CITI Social and Behavioral Research – Stage 2 Basic Refresher Course
February 4, 2019	Completed CITI Biomedical Research – Stage 1 Basic Course
July 20, 2019	Completed CITI Training on Social & Behavioral Responsible Conduct of Research, Stage 2 – RCR Refresher Course
December 13, 2018	Completed UC Managing Implicit Bias Series: What is Implicit Bias?
December 13, 2018	Completed UC Managing Implicit Bias Series: The Impact of Implicit Bias
November 18, 2019	Completed UC Cyber Security Awareness Fundamentals

FACULTY REVIEWS:

September 2014	Review for faculty appointment to Assistant Professor, School of Public Health, University of California, Los Angeles
September 2017	Review for faculty tenure at University of Maryland
September 2017	Review for faculty tenure at University of Massachusetts, Boston
October 2018	Review for faculty tenure at University of Texas

PEER-REVIEWED PUBLICATIONS:

- Receveur O, **Ritchie L**, Calloway D, Murphy S. Growth of children and socioeconomic status of Mexican-American farmworker families in Tulare County, California: 1969 vs. 1989. *Ecol Food Nutr* 1992;28:65-74. <https://doi.org/10.1080/03670244.1992.9991260>
- Ritchie LD**, Calloway DH, Murphy SP, Receveur O, Lamp CL, Ikeda JP. Poor diet reflected in height, weight of low-income Hispanics. *Calif Ag* 1995;49:33-5. <https://doi.org/10.3733/ca.v049n02p33>
- King JC, Kopp LE, **Ritchie LD**, Fung EB, Woodhouse LR. Nutrient recommendations for pregnant and lactating women and older individuals. *Korean J Nutr* 1995;28:217-28.
- Yoon JS, Fung EB, **Ritchie LD**, Woodhouse LR, King JC. Urinary lactose is not an index of lactation performance. *J Am Diet Assoc* 1996;96:1179-81. [https://doi.org/10.1016/S0002-8223\(96\)00303-3](https://doi.org/10.1016/S0002-8223(96)00303-3)
- Fung EB, **Ritchie LD**, Woodhouse LR, Roehl R, King JC. Zinc absorption in women during pregnancy and lactation: a longitudinal study. *Am J Clin Nutr* 1997;66:80-8. <https://doi.org/10.1093/ajcn/66.1.80>
- Fung EB, **Ritchie LD**, Woodhouse, LR, Roehl R, King JC. Zinc absorption during pregnancy and lactation. *Infant Nutr Dig* 1998;3:14-15.
- Ritchie LD**, Fung EB, Halloran BP, Turnlund JR, Van Loan MD, Cann CE, King JC. A longitudinal study of calcium homeostasis during human pregnancy and lactation and after resumption of menses. *Am J Clin Nutr* 1998;67:693-701. <https://doi.org/10.1093/ajcn/67.4.693>
- Ritchie LD**, King JC. Dietary calcium and pregnancy-induced hypertension: is there a relation? *Am J Clin Nutr* 2000;71:1371S-4S. <https://doi.org/10.1093/ajcn/71.5.1371s>
- Crawford PB, Story M, Wang MC, **Ritchie LD**, Sabry ZI. Ethnic issues in the epidemiology of childhood obesity. *Pediatr Clin N Am* 2001;48:855-78. [https://doi.org/10.1016/S0031-3955\(05\)70345-X](https://doi.org/10.1016/S0031-3955(05)70345-X)
- Ritchie LD**, Ivey SL, Woodward-Lopez G, Crawford PB. Alarming trends in pediatric overweight in the United States. *Social Prev Med* 2003;48:168-77. <https://doi.org/10.1007/s00038-003-2054-2>
- Ritchie L**, Ganapathy S, Woodward-Lopez G, Gerstein D, Fleming S. Prevention of type 2 diabetes in youth: Etiology, promising interventions and recommendations. *Pediatr Diabetes* 2003;4:174-209. <https://doi.org/10.1111/j.1399-543X.2003.00030.x>
- Crawford PB, Gosliner W, Anderson C, Strode P, Becerra-Jones Y, Samuels S, Carroll AM, **Ritchie LD**. Counseling Latina mothers of preschool children about weight issues: suggestions for a new framework. *J Am Diet Assoc* 2004;104:387-394. <https://doi.org/10.1016/j.jada.2003.12.018>

- Ritchie LD**, Welk G, Styne D, Gerstein DE, Crawford PB. Family environment and pediatric overweight: What is a parent to do? *J Am Diet Assoc* 2005;105:S70-S79. <https://doi.org/10.1016/j.jada.2005.02.017>
- Ritchie LD**, Hoelscher M, Sothorn M, Crawford PB. Position of the American Dietetic Association: Individual-, family-, school-, and community-based interventions for pediatric overweight. *J Am Diet Assoc* 2006;106:925-45. <https://doi.org/10.1016/j.jada.2006.03.001>
- Crawford PB, Wang M, Krathwohl S, **Ritchie L**. Disparities in obesity: prevalence, causes, and solutions. *J Hunger Env Nutr* 2006;1:27-48. https://doi.org/10.1300/J477v01n01_03
- Wang MC, Gonzalez AA, **Ritchie LD**, Winkleby MA. The neighborhood food environment: Sources of historical data on retail food stores. *Int J Behav Nutr Phys Act* 2006;3:15-19. <https://doi.org/10.1186/1479-5868-3-15>
- Ritchie LD**, Spector P, Stevens MJ, Schmidt MM, Schreiber GB, Striegel-Moore RH, Wang M, Crawford PB. Dietary patterns in adolescence are related to adiposity in young adulthood in Black and White females. *J Nutr* 2007;137:399-406. <https://doi.org/10.1093/jn/137.2.399>
- Ritchie LD**, Woodward-Lopez G, Gerstein D, Smith D, Crawford PB. Preventing obesity: What should we eat? *Cal Ag* 2007;61:112-8.
- Crawford P, Woodward-Lopez G, **Ritchie L**, Webb K. How discretionary can we be with sweetened beverages for children? *J Am Diet Assoc* 2008;108:1440-4. <https://doi.org/10.1016/j.jada.2008.06.439>
- Ontai L, **Ritchie L**, Williams ST, Young T, Townsend MS. Guiding family-based obesity prevention efforts in children, Part 1: What determinants do we target? *Int J Child Adolesc Health* 2009;2:19-30.
- Townsend MS, Young T, Ontai L, **Ritchie L**, Williams ST. Guiding family-based obesity prevention efforts in children, Part 2: What behaviors do we measure? *Int J Child Adolesc Health* 2009;2:31-48.
- Ritchie LD**, Martin AC, Rodriguez L, Lamp C, Johns M, Wang MC, Crawford PB. Teaching kids what to eat where they eat: developing and pilot testing the Nutrition Education in Foodservice Toolkit. *J Ext* 2009;47:7RIB4.
- Gosliner WA, James P, Yancey AL, **Ritchie L**, Studer N, Crawford PB. Impact of a worksite wellness program on the nutrition and physical activity environment of child care centers. *Am J Health Prom* 2010;24:186-9. <https://doi.org/10.4278/ajhp.08022719>
- Ritchie LD**, Whaley SE, Spector P, Gomez J, Crawford P. Favorable impact of nutrition education on WIC families. *J Nutr Ed Behav* 2010;42:S2-S10. <https://doi.org/10.1016/j.jneb.2010.02.014>
- Fung EB, **Ritchie LD**, Walker BH, Gildengorin G, Crawford PB. Randomized controlled trial to examine the impact of providing yogurt to women enrolled in WIC. *J Nutr Ed Behav* 2010;42:S22-S29. <https://doi.org/10.1016/j.jneb.2010.02.009>
- Raman A, **Ritchie LD**, Lustig RH, Fitch MD, Hudes ML, Fleming SE. Insulin resistance is improved in overweight African American boys but not in girls following a one-year multidisciplinary community intervention program. *J Pediatr Endocrin Metab* 2010;23:109-20. <https://doi.org/10.1515/JPEM.2010.23.1-2.109>
- Ritchie LD**, Sharma S, Ikeda J, Mitchell RA, Raman A, Green BS, Hudes ML, Fleming SE. Taking Action Together: A YMCA-based protocol to prevent Type-2 Diabetes in high-BMI inner-city African American children. *Trials* 2010;11:60-73. doi:10.1186/1745-6215-11-60
- Woodward-Lopez G, Kao J, Ritchie LD. To what extent have sweetened beverages contributed to the obesity epidemic? *Public Health Nutr* 2010;Sep 23:1-11. <https://doi.org/10.1017/S1368980010002375>
- Ritchie LD**, Raman A, Fitch MD, Fleming SE. Dietary intakes of urban African American children: Both family and child dietary attributes predict child intakes. *J Nutr Ed Behav* 2011;43:236-43. <https://doi.org/10.1016/j.jneb.2010.03.169>
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- Ritchie LD**, Boyle M, Chandran K, Spector P, Whaley SE, James P, Samuels S, Hecht K, Crawford P. Participation in the Child and Adult Care Food Program is associated with more nutritious foods and beverages in child care. *Child Obes* 2012;8:236-41. doi:10.1089/chi.2011.0061

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- O'Brien KO, Donangelo CM, **Ritchie LD**, Gildengorin G, Abrams SA, King JC. Serum 1,25-dihydroxyvitamin D and calcium intake impact rates of bone calcium deposition during pregnancy and the early postpartum period. *Am J Clin Nutr* 2012;96:64-72. <https://doi.org/10.3945/ajcn.111.029231>
- Soldavini J, Crawford P, **Ritchie LD**. Nutrition claims impact children's health perceptions and taste preferences. *J Nutr Ed Behav* 2012;44:624-27. <https://doi.org/10.1016/j.jneb.2012.04.009>
- Kim LP, Whaley SE, Gradziel PH, Crocker NJ, **Ritchie LD**, Harrison GG. Mothers prefer fresh fruits and vegetables over jarred baby fruits and vegetables in the New Special Supplemental Nutrition Program for Women, Infants and Children Food Package. *J Nutr Ed Behav* 2013;45:732-7. <https://doi.org/10.1016/j.jneb.2013.01.022>
- Hoelscher D, Kirk S, **Ritchie L**, Cunningham-Sabo L. Position of the Academy of Nutrition and Dietetics: Interventions for the prevention and treatment of pediatric overweight and obesity. *J Acad Nutr Diet* 2013;113:1375-94. <https://doi.org/10.1016/j.jand.2013.08.004>
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- Ritchie LD**, Whaley SE, Spector P, Gomez J, Crawford PB. Satisfaction of California WIC participants with food package changes. *J Nutr Ed Behav* 2014;46:S71-S78. <https://doi.org/10.1016/j.jneb.2014.01.009>
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- Ritchie LD**, Sharma S, Gildengorin G, Yoshida S, Braff-Guajardo E, Crawford P. Policy improves what beverages are served to young children in childcare. *J Acad Nutr Diet* 2015;115:724-30. <https://doi.org/10.1016/j.jand.2014.07.019>
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- Ritchie LD**, Yoshida S, Sharma S, Patel A, Homel Vitale E, Hecht K. Drinking water in California child care site before and after 2011-2012 beverage policy. *Prev Chron Dis* 2015;12:E89. doi: 10.5888/pcd12.140548
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- Au LE, Whaley S, Gurzo K, Meza M, **Ritchie LD**. If you build it they will come: Satisfaction and utilization of WIC participants with online and traditional in-person nutrition education. *J Nutr Ed Behav* 2016;48:336-42. <https://doi.org/10.1016/j.jneb.2016.02.011>
- Au LE, Rosen NJ, Fenton K, Hecht K, **Ritchie LD**. Eating school lunch is associated with higher diet quality among elementary school students. *J Acad Nutr Diet* 2016;116:1817-24. <https://doi.org/10.1016/j.jand.2016.04.010>
- Rehkopf DH, Headen I, Hubbard A, Dearnorff J, Kesavan Y, Cohen AK, Patil D, **Ritchie LD**, Abrams B. Adverse childhood experiences and later life adult obesity and smoking in the United States. *Ann Epidemiol* 2016;26:488-492. <https://doi.org/10.1016/j.annepidem.2016.06.003>
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- Leonard SA, Petito LC, Rehkopf DH, **Ritchie LD**, Abrams B. Weight gain in pregnancy and child weight status from birth to adulthood in the United States. *Pediatr Obes* 2017;12 Suppl 1:18-25. <https://doi.org/10.1111/ijpo.12163>
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- Strochlic R, Au LE, **Ritchie L**. Is urban-rural location associated with weight status in school children? An examination of 42 small and rural Californian counties. *Rural Remote Health* 2017;17:3966. <https://doi.org/10.22605/RRH3966>
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- Madsen KA, Linchey J, **Ritchie L**, Thompson HR. The Fit Study: Design and rationale for a cluster randomized trial of school-based BMI screening and reporting. *Contemp Clin Trials* 2017;58:40-6. <https://doi.org/10.1016/j.cct.2017.05.005>
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- Frongillo EA, Fawcett SB, **Ritchie LD**, Arteaga S, Loria CM, Pate RR, John LV, Strauss WJ, Gregoriou M, Collie-Akers VL, Schultz JA, Landgraf AJ, Nagaraja J. Community policies and programs to prevent obesity and child adiposity. *Am J Prev Med* 2017;53:576-83. <https://doi.org/10.1016/j.amepre.2017.05.006>
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- Martinez SM, Webb K, Frongillo EA, **Ritchie LD**. Food insecurity in California's public university system: What are the risk factors? *J Hunger Env Nutr* 2018;13:1-18. <https://doi.org/10.1080/19320248.2017.1374901>
- Leung CW, DiMatteo SG, Gosliner WA, **Ritchie LD**. Sugar-sweetened beverage and water intake in relation to diet quality in U.S. children. *Am J Prev Med* 2018;54:394-402. <https://doi.org/10.1016/j.amepre.2017.11.005>
- Martinez SM, Frongillo EA, Leung C, Ritchie L. No food for thought: Food insecurity is related to poor mental health and lower academic performance among students in California's public university system. *J Health Psychol.* 2018; Jun 1:1359105318783028. <https://doi.org/10.1177/1359105318783028>

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- Ritchie L.** WIC Works: Worksite Wellness: A Powerful Tool for Cultural Change. California WIC Association Webinar. February 2, 2012.
- Ritchie L.** Evaluating Barriers and Facilitators to Change in Child Care. IOM Workshop on CACFP Future Research Needs. Washington, DC. February 7, 2012. Available at: <http://www.iom.edu/Activities/Nutrition/ChildAdultCareFood/2012-FEB-07.aspx>.
- Rausa J, Braff-Guajardo E, James P, **Ritchie L**, Hecht K. Healthy Beverages for Child Care: A New Website for New Standards (Poster). Weight of the Nation Conference. Washington, DC. May 7-9, 2012.
- Ritchie L, Hecht K, James P, Chase C.** Beverage Policy in Childcare: Provider Perspectives from CA. Weight of the Nation Conference. Washington, DC. May 7, 2012.
- Patel AI, **Ritchie L.** Increasing Water Access in Schools & Child Care: Unintended Consequences. CDC Panel on Water in Schools and Child Care. Atlanta, GA. May 17, 2012.
- Ritchie L, Rauzon S.** Using the Concept of “Population Dose” to Identify Promising Community Level Nutrition and Physical Activity Intervention Strategies. International Society for Behavioral Nutrition and Physical Activity (ISBNPA) Annual Conference. Austin, TX. May 26, 2012.
- Ritchie L.** Improving Early Childhood Eating Environments: Head Start More Nutritious than Other Childcare. Head Start National Research Conference. Washington, DC. June 20, 2012.
- Ritchie L.** Beverage Policy in Childcare: Provider Perspectives from California. Child Care Food Program Roundtable Annual Conference. San Diego, CA. October 15, 2012.
- Ritchie L.** Beverage policy implementation in child care in the state of California. CDC Division of Nutrition, Physical Activity, and Obesity monthly Early Care and Education Networking Teleconference call. October 24, 2012.
- Rosen R, **Ritchie L, Goldstein L, Wakimoto P, Pirotin S.** Designing an Evaluation study of the California Children’s Power Play! Campaign: Recruitment strategies and lessons learned from a nutrition and physical activity intervention (Poster). American Public Health Association Annual Conference. San Francisco, CA. October 29, 2012.
- Ritchie L, Goldstein L, Rosen R, Wakimoto P, Pirotin S, Hudes M, Kempster S, Keihner AJ, Sugerman S.** California Children’s Power Play! Campaign: Impact on student intake of fruits and vegetables and physical activity behavior (Poster). American Public Health Association Annual Conference. San Francisco, CA. October 29, 2012.
- Hecht K, Braff-Guajardo E, Yoshida S, Smyth S, **Ritchie L.** Where’s the Water: The Impact of a California Law to Regulate Beverages in Licensed Childcare. American Public Health Association Annual Conference. San Francisco, CA. October 30, 2012.
- Ritchie L, Sharma S.** Provider Perspectives from a Statewide Survey. Beverages in Childcare Convening: Policy Implications of the California Health Beverages Law. California Food Policy Advocates. Oakland, CA. January 14, 2013.
- Soldavini J, **Ritchie L.** Nutrition Claims Influence Health Perceptions and Taste Preferences and Fourth- and Fifth-Grade Children. JNEB Journal Club Webinar. January 28, 2013.
- Ritchie L.** Water in Childcare: Impact of the California Healthy Beverages Law. BANPAC. San Francisco, CA. February 27, 2013.
- Ritchie L.** Policy on Water in Schools and Childcare. Water First! Community Advisory Board Meeting. Visalia, CA. March 7, 2013.
- Ritchie L, Braff-Guajardo E, Yoshida S.** Evaluating the impact of a California statute regulating beverages served in licensed child care settings. Robert Wood Johnson Foundation Healthy Eating Research Annual Grantee meeting. New Orleans, MS. March 14, 2013.
- Leung C, Laraia B, **Ritchie L, Crawford P, Epel E.** Effects of childhood drive for thinness on food addiction and BMI in adulthood: a pilot study (Poster). Society of Behavioral Medicine Annual Meeting. San Francisco, CA. March 20-23, 2013.
- Leung C, Epel E, **Ritchie L, Crawford P, Laraia B.** Food insecurity is associated with dietary intake and diet quality of low-income adults. Experimental Biology. Boston, MA. April 23, 2013.

- Ritchie L.** Beverages in Childcare: Impact of a New California Law. CDC Early Childhood Education and Healthy Beverage Working Group monthly call. May 22, 2013.
- Ritchie LD.** Making Change Matter: Childcare Nutrition Research. 7th Biennial Childhood Obesity Conference. Long Beach, CA. June 19, 2013.
- Ritchie LD,** Homel Vitale E. Researchers and Advocates Teaming Up on Childcare Policy. Robert Wood Johnson Foundation ECE Research to Practice Working Group. September 24, 2013.
- Ritchie L.** AB 2084 - There's a Place for Child Care Nutrition In Policy – And It Works! Child Care Nutrition legislative briefing. Sacramento, CA. October 30, 2013.
- Ritchie L.** (Opening keynote speaker). Eat, Play, Live: Begin at the Start. California Head Start Association Annual Health Institute Conference. Burlingame, CA. January 23, 2014.
- Arah O, AuYoung M, Crespi C, Kuo T, Nianogo R, Nobari T, Prelip M, Rauzon S, **Ritchie L,** Robles B, Seto E, Sharp M, Shih M, Simon P, Wang M, Whaley S, Yoshida S. The impact of natural experiments on child obesity: A systems science approach (poster). Conference on Complex Systems, Health Disparities, and Population Health: Building Bridges. Bethesda, MD. February 24, 2014.
- Ritchie L** (panelist). Is there any hope of reducing obesity by James O. Hill. UC San Francisco Center for Obesity Assessment, Study & Treatment Seminar. San Francisco, CA. March 18, 2014.
- Ritchie L.** Nutrition Policy: Impact on Children in Multiple Settings. Graduate Group in Nutritional Biology and USDA, Western Human Nutrition Research Center Seminar. University of California, Davis. May 12, 2014.
- Ritchie L,** Homel Vitale E. Researchers and advocates teaming up on childcare policy. (poster). ISBNPA. San Diego, CA. May 23, 2014.
- Ritchie L,** Rosen N, Fenton K, Patterson T. Will students eat more fruits and vegetables if school policies include longer lunch periods or letting children play first? ISBNPA. San Diego, CA. May 23, 2014.
- Ritchie L,** Sharma S, Gildengorin G, Yoshida S, Braff-Guajardo E, Crawford P. Beverage policy in California childcare: It works! ISBNPA Annual Conference. San Diego, CA. May 23, 2014.
- Ritchie L.** How should the nation evaluate progress in obesity control: Indicators for measuring progress. (Part of the symposium “Evaluating Environments for Obesity Prevention: The U.S. IOMs Evaluation Obesity Prevention Efforts: A Plan for Measuring Progress Report & International Comparisons). ISBNPA Annual Conference. San Diego, CA. May 24, 2014.
- Ritchie L.** Nutrition Policy: Impact on Children. Research and Extension Center Directors Meeting. Davis, CA. June 10, 2014.
- Ritchie L.** Water in Childcare After Beverage Policy in California: Are We ‘There’ Yet? NOPREN Water Working Group call. June 25, 2014.
- Rosen N, **Ritchie L,** Fenton K, Goldstein L, Wakimoto P, Shimada T. School Breakfast Policies: What is the Best Start to the Morning. (poster) Society for Nutrition Education and Behavior (SNEB) Annual Conference. Milwaukee, WI. June 29, 2014.
- Rosen N, **Ritchie L,** Fenton K, Patterson T. Will students eat more fruits and vegetables if school policies include longer lunch periods or letting children play first? SNEB. Milwaukee, WI. June 30, 2014.
- Ritchie L,** Homel Vitale E. Childcare Beverage Policy in California: Research and the Policy Process. NIH Obesity Policy Research Grantee Network Webinar. July 28, 2014.
- Ritchie L.** You Are What You Eat: Solving Childhood Obesity. Parents & Reunion Weekend at Homecoming. Faculty seminar. University of California, Berkeley. October 11, 2014.
- Ritchie L.** School Breakfast Policies: What Does Evidence Suggest is the Best Start to the Morning? Legislative briefing hosted by California Food Policy Advocates. Sacramento, CA. October 21, 2014.
- Ritchie L,** Fenton K, Rosen N, Shimada T. When and where to serve school breakfast: ensuring students are well nourished and ready to learn. American Public Health Association Annual Conference. New Orleans, LA. November 17, 2014.
- Wang M-C, Prelip M, Arah O, AuYoung M, Basurto-Davila R, Crespi C, Davoudi M, Kuo T, Nianogo R, Sadegh-Nobari T, Rauzon SM, **Ritchie L,** Robles B, Seto E, Sharp M, Shih M, Simon P, Slusser W, Yoshida S, Whaley SE. Applying a Novel Systems Science Approach to Understand Child Obesity Trends in Los Angeles County, 2002-2011. American Public Health Association Annual Conference (poster). New Orleans, LA. November 18, 2014.

- Ritchie L**, Hecht K, Taylor R. UC Global Food Initiative: Food Insecurity and Our Students. UC Office of the President's Advisory Commission on Agriculture and Natural Resources. Oakland, CA. December 11, 2014.
- Ritchie L, Hecht C**. Water in California Childcare: Have New State & Federal Laws Made a Difference? Robert Wood Johnson Foundation Healthy Eating Research Annual Grantee Conference. Baltimore, MD. February 22, 2015.
- Ritchie L**. Child and Adult Care Food Program (CACFP) Meal Pattern: What Californians Need to Know to Comment. Policy Webinar co-hosted by California Food Policy Advocates, California Department of Education, Child Care Food Program Roundtable, and NPI. March 5, 2015.
- Ritchie L**. Drinking Water Convening. Hosted by UC Nutrition Policy Institute. Oakland, CA. April 29, 2015.
- Leonard SA, Petito LC, Rehkopf DH, **Ritchie LD**, Abrams B. Associations between excessive gestational weight gain and child weight may differ by maternal race/ethnicity (poster). Society for Pediatric and Perinatal Epidemiologic Research (SPER) Annual Meeting. Denver, CO. June 14, 2015.
- Ritchie L**. Beverages in childcare before and after a statewide law: Are we 'there' yet? 8th Biennial Childhood Obesity Conference. San Diego, CA. June 30, 2015.
- Ritchie L**, Fenton K, Rosen NJ, Au L, Goldstein LH, Wakimoto P, Shimada T. School Breakfast Policy: What is the Best Start to the Morning? (poster). 8th Biennial Childhood Obesity Conference. San Diego, CA. June 30 -31, 2015.
- Chang J, Martinez S, Su JG, **Ritchie L**. Got Food? Characterizing Food Insecurity Throughout UC (poster). UC Global Food Initiative/Carbon Neutrality Initiative Symposium. San Francisco State University, San Francisco, CA. July 2015.
- Ritchie L**. Dietary Recommendation Development. Workshop on Strengthening the U.S. Dietary Recommendations through Enhanced Nutritional Science. President's Council of Advisors on Science and Technology (PCAST). Institute of Peace, Washington, DC. September 28, 2015.
- Au L, Rosen N, **Ritchie L**. Does Eating School Meals Make a Difference in Overall Diet Quality? A Comparison Study of Elementary School Students (poster). Academy of Nutrition and Dietetics Annual Food and Nutrition Conference and Expo. Nashville, TN. October 4, 2015.
- Ritchie L**. Impact of Research on Nutrition Policy: A Case Study. California Department of Public Health's Nutrition Education and Obesity Prevention Evaluation Meeting. Sacramento, CA. October 27, 2015.
- Whaley SE, Rosen N, Meza M, Au L, **Ritchie L**. WIC in the 21st Century: Online & In-Person Nutrition Education Improve Breakfast Behaviors, Beliefs and Knowledge. American Public Health Association Annual Meeting. Chicago, IL. November 2, 2015.
- Edmonds AT, Au LE, **Ritchie LD**. Farmers' markets: nutritional quality and healthy food access (poster). American Public Health Association Annual Meeting. Chicago, IL. November 3, 2015.
- Ritchie L**. School Breakfast: School Nutrition & Academics. School Nutrition Association Webinar: Breakfast in the Classroom Series-Serving Up the Best Data: Understanding Current Research and Evaluating Your Own Program. November 18, 2015.
- Ritchie L**. Student Food Insecurity: What Do We Know? Food insecurity meeting prior to California Higher Education Food Summit. UC Irvine, CA. January 21, 2016.
- Ritchie L**. Student Food Insecurity: What Do We Know? Presidents United Against Hunger (PUSH) Summit. University of Missouri. February 25, 2016.
- Ritchie L**. Nutrition Policy: Impact on Children in Multiple Settings. Health Sciences Research Institute Symposium. UC Merced, CA. March 2, 2016.
- Ritchie L**, Webb K, Woodward-Lopez G, Kao J, Au L, Hewawitharana S, Gurzo K, Crawford P. Associations of Community Programs & Policies with Child Diet. Society for Behavior Medicine Annual Conference. Washington, DC. April 2, 2016.
- Au L, Whaley S, Rosen N, Meza M, **Ritchie L**. Online and in-person nutrition education reduces sodium intake: a randomized trial to assess knowledge, self-efficacy and behaviors in WIC participants. Experimental Biology Annual Conference. San Diego, CA. April 4, 2016.
- Ritchie L**, Webb K, Woodward-Lopez G, Kao J, Au L, Hewawitharana S, Gurzo K, Crawford P. Associations of Community Programs & Policies with Child Diet. Robert Wood Johnson Foundation Healthy Eating Research Annual Conference. St. Paul, MN. April 8, 2016.

- Martinez S, **Ritchie L**. Assessing food insecurity among students in a state-wide university system. American College Health Association Annual Meeting. San Francisco, CA. May 31, 2016.
- Leonard SA, Petito LC, Rehkopf DH, **Ritchie LD**, Abrams B. Maternal physical abuse in childhood is associated with offspring overweight and obesity in early childhood. Society for Pediatric and Perinatal Epidemiologic Research Annual Meeting. Miami, FL. June 20-21, 2016.
- Brown EM, Martinez S, **Ritchie L**. Food security resource use among University of California students (poster). California Higher Education Sustainability Conference. California State Fullerton. June 27-28, 2016.
- Ritchie L**, Au L, Whaley S, Meza M. Online Nutrition Education: WIC in the 21st Century. USDA Baylor Center for Innovations in WIC Nutrition Education grantee meeting. Washington, DC, July 20, 2016.
- Gurzo K, Au L, Whaley S, Meza M. **Ritchie L**. Long-term reduction in sodium intake after online and in-person group nutrition education in WIC participants (poster). Society for Nutrition and Education Behavior Annual Conference. San Diego, CA. August 1, 2016.
- Martinez S, **Ritchie L**. What factors increase risk for food insecurity among college students? Society for Nutrition and Education Behavior Annual Conference. San Diego, CA. August 2, 2016.
- Ritchie L**, Madsen K, Thompson H, Reed A, Martinez S. Technology and design innovation to support 21st century school nutrition (poster). Society for Nutrition and Education Behavior Annual Conference. San Diego, CA. August 2, 2016.
- Nazmi A, **Ritchie L**, Martinez S, Crutchfield R. Food and housing security among college students. California Student Basic Needs Leadership Meeting (joint meeting of the California Community College, California State University and University of California systems). California State University, Fresno, Fresno, CA. September 6, 2016.
- Ritchie L**, Au L, Whaley SE, Meza M. Online WIC nutrition education: does it work? National WIC Association Conference. Denver, CO. September 12, 2016.
- Galarnau T, Canedo R, **Ritchie L**, Martinez S. Food security among college students. UC Global Food Initiative Quarterly Meeting. UC Office of the President, Oakland, CA. September 20, 2016.
- Ritchie L**. Science in public policy and decision-making: Nutrition. UC ANR Research to Policy Conference. UC Davis, CA. October 12, 2016.
- Ritchie L**. Reducing Sugar-Sweetened Beverage Consumption in Early Childhood: Beginning at the Start. City of Berkeley Sugar Sweetened Beverage Panel of Experts Commission (works to decide uses of sugary beverage tax revenue). Berkeley, CA. October 20, 2016.
- Ritchie L**, Crawford P. From Research to Policy: Reducing SSB Consumption in Children. UCSF SSEW Symposium on Food & Addiction: Policy, Environment and Individual Factors. San Francisco, CA. October 27, 2016.
- Ritchie L**, Martinez S. Food Insecurity is Related to Academic Performance and Wellbeing Among College Students. American Public Health Association Annual Conference. Denver, CO. November 2, 2016.
- Ritchie L**. Nutrition: Does What We Eat Matter? Concord High School physiology classes (n=6). Concord, CA. November 9, 2016.
- Ritchie L**. Health of Women & Young Children: Challenges & Opportunities. Nutrition and Breastfeeding Education Support and Care Meeting hosted by the California WIC Association, California Health+ Advocates and Pacific Health Consulting Group. Sacramento, CA. November 28, 2016.
- Ritchie L**. NPI Update: UC Student Food Insecurity, Food Hub and Water. UC President's Advisory Commission. Oakland, CA. November 29, 2016.
- Ritchie L**. Nutrition Policy Institute: What Do We Do? UC ANR Statewide Program Directors Meeting. Davis, CA. December 12, 2016.
- Ritchie L**. Using Research to Inform Policy on Child Nutrition. Graduate Group in Nutritional Biology. University of California, Davis. March 13, 2017.
- Ritchie L** (discussant and moderator). Feeding Guidelines for Infants and Toddlers: A Responsive Parenting Approach. Robert Wood Johnson Foundation Early Care and Education Working Group webinar. March 20, 2017.

- Ritchie L**, Homel Vitale E. Childcare Nutrition in California: How Current Practices Compare to the New CACFP Regulations. Robert Wood Johnson Foundation Healthy Eating Research Grantee Meeting. St. Paul, MN. April 20, 2017.
- Ritchie L**. Feasibility of Implementing Nutrition Standards in Family Child Care Homes. Biennial Childhood Obesity Conference. San Diego, CA. June 1, 2017.
- Ritchie L**. Discussion on the Research Design, Methods and Measures for a National Evaluation of WIC Nutrition Education. USDA FNS WIC Nutrition Education Study: Advisory Panel Meeting. Washington, DC. August 23, 2017.
- Ritchie L**. What are Communities Doing to Improve Child Diet? Findings from the NIH Healthy Communities Study. National Academies of Science, Engineering and Medicine Roundtable on Obesity Solutions. Washington, DC. September 13, 2017.
- Ritchie L**. Feeding Guidelines for Infants and Young Toddlers: A Responsive Parenting Approach. Human Lactation Center Conference, University of California, Davis. October 5, 2017.
- Ritchie L**. Beginning at the Start: Importance of Nutrition in Early Childhood. Human Lactation Center Conference, University of California, Davis. October 5, 2017.
- Ritchie L**. Research to Policy: Improving Child Nutrition and Obesity Prevention. Seminar on Health Policy: Population Health. Stanford University, Palo Alto, CA. October 12, 2017.
- Ritchie L**. Beginning at the Start: Importance of Nutrition in Early Childhood. Public Health Aspects of Maternal and Child Health. University of California, Berkeley, CA. October 19, 2017.
- Ritchie L**, Homel Vitale E. Brand New Results from a California Survey of Childcare Foods and Practices Before the New Standards. Child Care Food Program Roundtable Annual Conference, Lake Tahoe, CA. October 24, 2017.
- Cannon M, **Ritchie L**. The Feasibility of Implementing High Impact Nutrition Standards in Family Child Care Homes – Exploring New Results. Child Care Food Program Roundtable Annual Conference, Lake Tahoe, CA. October 24, 2017.
- Ritchie L**, Martinez S, Canedo R, Sandoval A. The Future of Student Health: Igniting Evidence Based Action at Educational Institutions. 11th Annual Sugar, Stress, Environment and Weight Symposium. University of California, Los Angeles, CA. October 25, 2017.
- Ritchie L**, Yoshida S, Lee D. Childcare Nutrition: Results from Two New California Studies. Childcare Policy Convening. Sacramento, CA. October 26, 2017.
- Borger C, Weinfeld N, Whaley SE, **Ritchie L**, May L. Breastfeeding Among Women on WIC: A Public Health Success Story. American Public Health Association Annual Conference. Atlanta, GA. November 6, 2017.
- Ritchie L**, Au L, Crawford P, Woodward-Lopez G, Gurzo K, Kao J. School Wellness Policies are Associated With Lower Body Mass Index Z-Scores and Improved Obesity-Related Dietary Outcomes in U.S. Schoolchildren. American Public Health Association Annual Conference. Atlanta, GA. November 7, 2017.
- Ritchie L**, Webb K. What Should Communities do to Improve Child Nutrition? American Public Health Association Annual Conference. Atlanta, GA. November 7, 2017.
- Ritchie L**, Gurzo K, DiMatteo G, Shokoor O, Homel Vitale E, Bryden Johnston B, Hecht K, Yoshida S. Nutrition in Childcare Centers and Homes in California: Compliance With the New CACFP Nutrition Standards. American Public Health Association Annual Conference. Atlanta, GA. November 8, 2017.
- Ritchie L**, Martinez S, Canedo R. Addressing Food Insecurity and Basic Needs Among UC Students: What Can Berkeley Do? Hunger & Homelessness Awareness Week. University of California, Berkeley, CA. November 15, 2017.
- Ritchie L**. Assessing Community Programs, Policies and Practices Related to Obesity Prevention. NIH Pathways to Prevention Workshop: Methods for Evaluating Natural Experiments in Obesity. NIH Campus, Bethesda, Maryland. December 5, 2017.
- Ritchie L**, Shimada T. Working with Outside Organizations on Research, Policy, and Dissemination. Berkeley Food Institute, University of California, Berkeley, CA. December 13, 2017.
- Ritchie L**, Lee D, Gurzo K, Homel Vitale E, Hecht K, Yoshida S. How Ready Are California Childcare Homes and Centers For the New CACFP Meal Patterns? National Anti-Hunger Policy Conference. Washington, DC. February 26, 2018.

- Ritchie L.** Feeding Infants and Toddlers: Recommendations for a Dietary Guidelines Debut. “2020-2025 Dietary Guidelines for Americans: The Role of Science, Politics and People. Seminar with Angie Tagtow hosted by UCLA. Los Angeles, CA. April 4, 2018.
https://www.youtube.com/channel/UC5ZYch7t8u8H2iS8lrYziVQ?view_as=subscriber
- Ritchie L.** Research into Action: Using Evidence to Inform I + PSE Efforts. MCH Nutrition Leadership Training Program Annual Conference Redondo Beach, CA. April 5, 2018.
- Ritchie L,** Reed A, Thompson H, Ottoboni K, Neelon M, Madsen K. School Meals in the 21st Century: Using Technology & Design Innovation. (poster) UC Agriculture and Natural Resources Statewide Conference. Ontario, CA. April 4, 2018.
- Lee D, Alkon A, Roze B, Hazard K, Soule KE, Neelon M, Diaz Rios K, Espicha T, Carillo E, Ravalin D, Nhan L, **Ritchie LD.** (poster) Healthy Beverages in Child Care: Putting Policy into Practice with Cooperative Extension. UC Agriculture and Natural Resources Statewide Conference. Ontario, CA. April 4, 2018.
- Campbell D, **Ritchie L,** Moritz M, Haver D, Lewis D, Blackburn M, Valachovic Y. Documenting and Supporting Policy Efforts and Impacts: Enhancing Use of the Performance Review Process. UC Agriculture and Natural Resources Statewide Conference. Ontario, CA. April 5, 2018.
- Ritchie L,** Surls R, Van Soelen-Kim J, Crawford P, Panarella K. ANR’s Role in Addressing Food Insecurity in California. UC Agriculture and Natural Resources Statewide Conference. Ontario, CA. April 10, 2018.
- Ritchie L,** Lee D, Hecht K. How Ready are Childcare Homes and Centers in California for the New CACFP Meal Patterns? USDA, Food and Nutrition Service webinar. April 16, 2018.
- Ritchie L.** Relationship of School & Community Nutrition and Physical Activity Programs, Policies and Practices with Healthy Weight: The California Healthy Kids Study. (poster) Robert Wood Johnson Foundation Healthy Eating Research Annual Meeting. Nashville, TN. April 26, 2018.
- Ritchie L.** Nutrition in licensed childcare centers and homes in California: compliance with the 2017 CACFP nutrition standards and 2010 Healthy Beverages standards. Robert Wood Johnson Foundation Healthy Eating Research Annual Meeting. Nashville, TN. April 26, 2018.
- Ritchie L.** Community programs and policies: What’s working in California and the U.S. to improve nutrition and prevent obesity among children? UC Davis Program in International and Community Nutrition. Davis, CA. May 2, 2018.
- Ritchie L,** Pate R. The Healthy Communities Study: What is working to improve child weight, nutrition and physical activity? Nutrition and Obesity Policy Research and Evaluation Network (NOPREN) webinar. May 14, 2016.
- Ritchie L,** Yoshida S, Homel Vitale E, Lee D, Gurzo K, Ritchie K, Hecht K. Compliance with Nutrition Standards by Childcare Centers and Homes in California: Trends from 2008 to 2016. American Society for Nutrition Annual Conference. Boston, MA. June 11, 2018.
- Ritchie L.** Community Programs, Policies and Practices Related to an Increased Prevalence of Healthy Weight: The California Healthy Kids Study. American Society for Nutrition Annual Conference. Boston, MA. June 11, 2018.
- Ritchie L.** Feeding Infants and Toddlers: Recommendations for a Dietary Guidelines Debut. Alaska RD working Group Webinar June 21, 2018.
- Ritchie L,** Madsen K, Thompson H. School Meals in the 21st Century: Using Technology and Design Innovation. San Francisco Unified School District, School Nutrition Service. San Francisco, SF. July 20, 2018.
- Ritchie L.** School Meals in the 21st Century: Using Technology and Design Innovation. (poster) Society for Nutrition Education and Behavior Conference. Minneapolis, MN. July 23, 2018.
- Ritchie L.** School Meals in the 21st Century: Using Technology and Design Innovation. Society for Nutrition Education and Behavior Conference. Minneapolis, MN. July 24, 2018.
- Weinfeld N, Borger C, Whaley S, **Ritchie L.** Understanding Reasons for Discontinuing WIC Benefits: Exploring the WIC Infant-Toddler Feeding Practices Data. Briefing to USDA, FNS. September 7 2018.
- Arteaga S, Fawcett S, Pate R, **Ritchie L.** Findings from the national Healthy Communities Study. [NCCOR Webinar](#). September 25, 2018.

- Paolicelli C, Weinfield N, Whaley S, **Ritchie L**. New Perspectives on WIC: An Evidence-Based Examination of Early Childhood Dietary Behaviors. Food & Nutrition Conference & Expo. October 21, 2018.
- Ritchie L**. Childcare Nutrition in California: Conducting Research to Inform Policy. University of Missouri Seminar. Columbia, MO. November 29, 2018.
- Ritchie L**, Lee D. Infant Nutrition in California Child Care Centers and Homes Prior to Implementation of New CACFP Standards. Healthy Eating Research 13th Annual Grantee Meeting. Detroit, MI. March 14, 2019.
- Au L, **Ritchie L**. Diet Quality of U.S. Infants and Toddlers 7-24 Months Old in the WIC Infant and Toddler Feeding Practices Study-2. Healthy Eating Research 13th Annual Grantee Meeting. Detroit, MI. March 14, 2019.
- Au L, **Ritchie L**. School Nutrition Successes and Opportunities for Improvement Post Healthy Hunger-Free Kids Act: The Healthy Communities Study. Healthy Eating Research 13th Annual Grantee Meeting. Detroit, MI. March 14, 2019.
- Lee D, **Ritchie L**. Evaluating Child Care Beverage Policies for Infants and Children across the US. Healthy Eating Research/NOPREN Early Childhood Workgroup monthly call. March 18, 2019.
- Ritchie L**. Nutrition: Are You What You Eat? Concord High School Biology, Physiology and AP Physiology classes. Concord, CA. April 8, 2019.
- Ritchie L**. Nutrition Programs for Young Children: WIC and CACFP. UC Berkeley School of Public Health nutrition policy course (PH 206B). Berkeley, CA. April 12, 2019.
- Ritchie L**, Whaley S. Now We Are Three! WIC Program Retention and other Important Findings from the WIC Infant and Toddler Feeding Practices Study (WIC ITFPS-2). California WIC Association Annual Conference. San Diego, CA. May 1, 2019.
- Ritchie L**. Professional Networking Panel. University Student Nutrition Association. UC Davis, CA. May 4, 2019.
- Ritchie L**. Nutrition Policy Institute presentation to UC ANR County and REC Directors. May 15, 2019.
- Weinfield NS, Borger C, Au LE, Whaley SE, Berman D, **Ritchie LD**. Presenter: K Plank. Longer Participation in WIC is Associated with Better Diet Quality in 24-Month Old Children. ([poster](#)) American Society for Nutrition Annual Conference. Baltimore, MD. June 10, 2019.
- Ritchie L**. "How I Began": A Look into the Professional Journey of a Public Health Nutritionist (invited). California Conference of Local Health Department Nutritionists. Sacramento, CA. June 16, 2019.
- Lee D, Gurzo K, Nhan L, Homel Vitale E, Yoshida S, Hecht K, **Ritchie L**. Infant Nutrition in California Licensed Child Care Prior to New 2017 CACFP Standards (poster). Biennial Childhood Obesity Conference. Anaheim, CA. July 17, 2019.
- Lee D, Alkon A, Neelon M, Diaz Rios K, Soule KE, Colvin M, **Ritchie L**. Does an online training for ECE providers improve beverages offered to children? (poster) Biennial Childhood Obesity Conference. Anaheim, CA. July 16, 2019.
- Ritchie L**. Communities' Role in Childhood Obesity Prevention: Nutrition and Physical Activity: The Healthy Communities Study. Biennial Childhood Obesity Conference. Anaheim, CA. July 17, 2019.
- Madsen K, Machado S, Thompson H, Ibarra Castro A, Neelon M, Gosliner W, **Ritchie L**. Technology and Design Innovation to Support 21st Century School Nutrition (poster). Society for Nutrition Education and Behavior Annual Conference. Orlando, FL. July 30, 2019.
- Lee D, Plank K, Neelon M, Diaz Rios K, Soule K, **Ritchie L**. Evaluation of an Online Training for Child Care Providers on Healthy Beverages for Children. (poster) Food Literacy & Healthy Lifestyles Program Team Workshop. Davis, CA. October 14, 2019.
- Ritchie L**. Beginning at the Start: Importance of Nutrition in Childhood (invited guest lecture). PH 207A (Maternal and child health). UC Berkeley, Berkeley, CA. October 29, 2019.
- Ritchie L**. Starving Students: Causes, Consequences and Solutions (invited guest lecture). HRP 243 (Health Policy Seminar for Medical Students). Stanford University, Palo Alto, CA. October 31, 2019.
- Paolicelli C, Whaley S, **Ritchie L**, Borger C. Examining the feeding beliefs, rules, and practices of toddler caretakers: Findings from the WIC Infant and Toddler Feeding Practices Study-2. Food and Nutrition Conference and Exposition. Philadelphia, PA. October 29, 2019.

- Harpainter P, Woodward-Lopez G, Martin A, Lee D, **Ritchie L**, Plank K, Gosliner W. Baseline findings from evaluation of the first state law on healthy default beverages in kid's meals. American Public Health Association. Philadelphia, PA. November 2, 2019.
- Tan ML, Laraia B, Madsen K, Johnson, R, **Ritchie L**. Community Eligibility Provision and school breakfast and lunch participation: Differences by student subgroups. American Public Health Association. Philadelphia, PA. November 2, 2019.
- Ritchie L**. It's a Disparate Day in the Neighborhood - Cutting Edge Neighborhood Research With an Equity Lens: Associations Between Community Policies and Programs and Childhood Obesity (invited). The Obesity Society Annual Conference. Las Vegas, NV. November 6, 2019.
- Kim Y, Landgraf A, **Ritchie L**, Au L, Colabianchi N. Multifaceted neighborhood contexts shape home food environments, independent of family socioeconomic status, in a national sample. Annual Meeting of the Society for Social Work and Research. Washington, DC. January 15-19, 2020.
- Ritchie L**. National Nutrition Guidance (invited). Lecture for PH 206B (graduate course on food and nutrition policies and programs). Berkeley, CA. February 11, 2020.
- Ritchie L**. Methodological challenges – Self-report from key informants in diverse settings (invited). NCCOR Advancing measurement of environmental and policy influences on childhood obesity. Atlanta, GA. February 27, 2020.
- Tsai M, **Ritchie L**, Au L. Dimensions of school food environments and anthropometric and dietary outcomes in children: The Healthy Communities Study. Robert Wood Johnson Foundation Healthy Eating Research Annual Conference. Denver, CO. March 5, 2020.
- Woodward-Lopez G, Lessard L, Harpainter P, Karpyn A, **Ritchie L**. Healthy Default Beverages in Children's Meals: Evaluating Policy Compliance and Impact Comparing Delaware and California. Robert Wood Johnson Foundation Healthy Eating Research Annual Conference. Denver, CO. March 5, 2020.
- Whaley SE, Martinez CE, Anderson CE, Meza M, Au L, Sabatier S, Young A, Tsai M, **Ritchie L**. Implementing and Evaluating the Impact for Children Ages 1 to 5 of Expanding the WIC Cash-Value Benefit for the Purchase of Fruits and Vegetables (poster). Robert Wood Johnson Foundation Healthy Eating Research Annual Conference. Denver, CO. March 5, 2020.
- Ritchie L**. Transition from breastfeeding and complementary feeding to toddler nutrition in childcare settings. Nestle Nutrition Institute Workshop on Building future health and well-being of thriving toddlers and young children. Rio de Janeiro, Brazil. March 16, 2020. (postponed to virtual presentation on September 15 due to COVID-19)
- Ritchie L**. Programs to Improve Nutrition in Young Children: WIC and CACFP. Policy, programs and research that influences children birth to 5 years (invited). NCCOR Member Meeting. Washington, DC. March 25-26, 2020. (postponed to virtual presentation on September 17, 2020 due to COVID-19)
- Ritchie L**, Sabatier S. Families with Children 1-5: What Keeps Them Coming to WIC (invited). 2020 California WIC Association Conference. San Diego, CA. April 7, 2020. (cancelled due to COVID-19)
- Ritchie L**, Karpyn A. Evaluating the Policy Impact of Healthy Default Beverages in Children's Meals: Cross-state Comparison. Healthy Eating Research. May 5, 2020. (virtual)
- Borger C, Paolicelli C, Whaley S, **Ritchie L**. Now we are four! Findings at age four from the WIC Infant and Toddler Feeding Practices Study (WIC ITFPS-2). National WIC Association Nutrition Education and Breastfeeding Promotion Annual Conference. New Orleans, LA. May 17-20, 2020. (postponed to virtual presentation on September 10, 2020 due to COVID-19)
- Sabatier S, Whaley S, **Ritchie L**, Au L. Results from the 2019 California WIC Participant survey: What do families with children really want from WIC? (poster) National WIC Association Annual Education and Training Conference. New Orleans, LA. May 17-20, 2020. (cancelled due to COVID-19)
- Tsai M, Frongillo EA, **Ritchie L**, Woodward-Lopez G, Au LE. Dimensions of school food environments and their association with anthropometric and dietary outcomes in children: The Healthy Communities Study. American Society for Nutrition Annual Conference. Seattle, WA. May 30-June 2, 2020. (virtual due to COVID-19)

- Tsai M, Harpainter P, Martin AC, Lee D, Woodward-Lopez G, **Ritchie L**. Healthy Default Beverages in Kids' Meals: Evaluating Policy Adherence and Impact in California American Society for Nutrition Annual Conference. Seattle, WA. May 30-June 2, 2020. (virtual due to COVID-19)
- Thompson H, Gosliner G, Madsen K, **Ritchie L**. The Impact of a District-Wide Chocolate Milk Removal Policy on Secondary Students' Milk Purchasing and Consumption. American Society for Nutrition Annual Conference. Seattle, WA. May 30-June 2, 2020. (virtual due to COVID-19)
- Harpainter P, Karpyn A, **Ritchie L**. Evaluating the Impact of Kids' Meal Healthy Default Beverage Policies: Results from California and Wilmington, Delaware. Nutrition and Obesity Network Policy Research & Evaluation (NOPREN) webinar. June 8, 2020.
- Ritchie L**, Martinez S. Beyond Food Insecurity: Challenges College Students Face in Meeting Basic Needs. International Society for Behavioral Nutrition and Physical Activity Annual Conference. Auckland, NZ. June 17-19, 2020. (cancelled due to COVID-19)
- Ritchie L**, Au L. Satisfaction of California WIC Participants with Proposed WIC Food Package Recommendations. International Society for Behavioral Nutrition and Physical Activity Annual Conference. Auckland, NZ. June 17-19, 2020. (cancelled due to COVID-19)
- Ritchie L**. Why nutrition matters: conducting research to inform policy. Children's Hospital Oakland Research Institute Summer Student Research Program lecture series. Oakland, CA (remote due to COVID-19). July 9, 2020. (invited)
- Ritchie L**, Sabatier S, Whaley S. WIC participation: Why do Families Stay and What has Changed During COVID-19? California WIC Association Conference. August 28, 2020. (virtual due to COVID-19)
- Borger C, **Ritchie L**, Whaley SE. WIC Infant and Toddler Feeding Practices Study – 2. Fifth Year Report Briefing. USDA Food and Nutrition Section. September 22, 2020. (virtual due to COVID-19)
- Ritchie L**. Impact of school meals on student nutrition and health: Experiences from the United States. Western Norway University of Applied Sciences Conference on School Meals – An Interdisciplinary Approach. Bergen, Norway. September 10, 2020 (postponed until June 8-10, 2022).
- Ritchie L**, Au L, Whaley SE, Borger C. Children on WIC followed through age 4 years: What are they eating? American Public Health Association Annual Meeting & Expo. San Francisco, CA. October 28, 2020. (submitted as part of 4 part session titled, Children on WIC: New Findings from USDA's longitudinal WIC Infant-Toddler Feeding Practices Study-2, organized by **L Ritchie** on WIC ITFPS).
- Paolicelli C, Borger C, **Ritchie L**, Whaley SE. Feeding beliefs and practices among low-income caregivers: Findings from year 4 of the WIC Infant and Toddler Feeding Practices Study-2. American Public Health Association Annual Meeting & Expo. San Francisco, CA. October 28, 2020.
- Borger C, Whaley SE, **Ritchie L**. Prevalence of overweight and obesity among children receiving WIC. Findings from year 4 of the WIC Infant and Toddler Feeding Practices Study-2. American Public Health Association Annual Meeting & Expo. San Francisco, CA. October 28, 2020.
- Whaley SE, Borger C, Au L, **Ritchie L**. Longer participation in WIC is associated with healthier outcomes for children at age 4 years. American Public Health Association Annual Meeting & Expo. San Francisco, CA. October 28, 2020.
- Harpainter P, Hewawitharana SC, **Ritchie LD**, Woodward-Lopez G. How do voluntary default beverage standards for kids' meals affect consistency with the first statewide healthy default beverage law? American Public Health Association Annual Meeting & Expo. San Francisco, CA. October 24-28, 2020.
- Lee D, Gurzo K, Nhan L, Homel Vitale E, Yoshida S, **Ritchie L**. California childcare centers and homes in the federal child and adult care food program offer more nutritious foods to infants. American Public Health Association Annual Meeting & Expo. San Francisco, CA. October 25, 2020. (poster)
- Tsai M, Randel Schreiber H, **Ritchie L**, Martinez C, Meza M, Au L, Sabatier S, Whaley S. Families with Children 1-5 years old: WIC Program Perspectives on Nutrition Education and Food Benefits. American Public Health Association Annual Meeting & Expo. San Francisco, CA. October 24-28, 2020.

- Martinez S, Esaryk E, Moffat L, **Ritchie L**. Exploring student basic needs among California University Students: A holistic and comprehensive definition of students' basic needs. American Public Health Association Annual Meeting & Expo. San Francisco, CA. October 24-28, 2020.
- Plank K, Lee D, Alkon A, Neelon M, Diaz Rios K, Soule KE, **Ritchie L**. Online Training increases Child Care provider knowledge of Healthy Beverage Policy and Practices for Young Children. American Public Health Association Annual Meeting & Expo. San Francisco, CA. October 24-28, 2020. (poster)
- Moffat L, **Ritchie L**, Gosliner W, Plank K, Au L. Perceived produce availability and child fruit and vegetable intake: The Healthy Communities Study. American Public Health Association Annual Meeting & Expo. San Francisco, CA. October 28, 2020.
- Thompson H, Gosliner G, **Ritchie L**, Madsen K. Impact of a multi-pronged intervention to increase school lunch participation among secondary students in an urban public school district. American Public Health Association Annual Meeting & Expo. San Francisco, CA. October 24-28, 2020.
- Karpyn A, Harpainter P, Gosliner W, Lee D, Lessard L, Martin AC, McCallops K, **Ritchie L**, Tsai M, Woodward-Lopez G. Healthy Default Beverages in Kids' Meals: Evaluating Policy Implementation and Impact in California and Delaware. American Public Health Association Annual Meeting & Expo. San Francisco, CA. October 24-28, 2020.
- Ritchie L. Nutrition Policy Institute: Science for Solutions. Part of UC ANR virtual 'tours' to state legislators, President's Advisory Council on ANR, UC Regents, and new UC President Dr. Michael Drake. November 20, December 2, and December 8, 2020.
- Paolicelli C, **Ritchie L**, Borger C, Whaley S. Findings from the USDA's WIC Infant and Toddler Feeding Practices Study-2: Fourth Year Reports. Healthy Eating Research/NOPREN WIC Learning Collaborative webinar. (virtual due to COVID; [WIC Learning Collaborative January 14 2021.mp4](#)) January 14, 2021.
- Kim Y, **Ritchie L**, Landgraf A, Colabianchi N. The role of neighborhoods in the association between acculturation and physical activity in Hispanic children. Society for Social Work and Research Annual Conference. San Francisco, CA. (virtual due to COVID) January 21, 2021.
- Ritchie L. Nutrition Matters: Conducting Research to Inform Policy. Food Studies Colloquium. University of California, Los Angeles. January 26, 2021.
- Machado S, **Ritchie L**, Brewster A, Shapiro V, Madsen K. Implementation Leadership in School Nutrition: A Qualitative Study. Society for Public Health Education Annual Conference. St. Louis, MO. April 6-9, 2021. (accepted)
- Paolicelli C, Reat A, Borger C, Gollapudi B, Machado J, Whaley S, **Ritchie L**. Five Years of the WIC Infant and Toddler Feeding Practices Study-2 (WIC ITFPS-2): What We've Learned, What Questions Remain, and How You Can Use This Longitudinal Dataset. American Society for Nutrition Annual Conference. Boston, MA. July 2021. (submitted)
- Ezennia J, Schmidt L, McCulloch C, Ritchie L, Patel A. Association of Drinking Water Perceptions and Water Intake in Low-income Elementary Schools. Pediatric Academic Societies Annual Meeting (virtual). April 30 - May 4, 2021. (submitted)

RESEARCH AWARDS & SUPPORT:

Ongoing:

- Dairy Council of California (Ritchie, PI) 2/21 – 3/22
 Title: **Pilot of a Randomized Control Trial of Milk Type on Health in Young Children**
 Role: PI
 Aim: Develop study protocols and test feasibility of children consuming whole or non-fat milk from 1 to 3 years of age to inform a larger randomized control trial
 Total: \$150,000
- David and Lucile Packard Foundation (Ritchie, PI) 2/21 – 1/22
 Title: **Multi-State WIC Participant Satisfaction Survey Project: Learning from Program Adaptations During COVID**
 Role: PI

Aim: Evaluate participant perceptions of WIC services in 12 states during the COVID-19 pandemic to support efforts to increase participation and support retention on WIC
Total: \$50,000

Westat/USDA (Whaley, Ritchie, Borger Co-PIs) 10/20 – 9/25
Title: **WIC ITFPS-2: Year 9 Extension**
Aim: Determine prospectively the ongoing impact of WIC participation early in life on subsequent child nutrition and weight status
Role: Principal Investigator
Total: \$87,420

David and Lucile Packard Foundation (Ritchie, PI) 5/20 – 4/21
Title: **COVID-19: Documenting Challenges Faced by California Families with Children 0-5 Years Old on WIC**
Role: PI
Aim: Conduct a qualitative study of WIC participants to inform improvements to WIC during and after COVID
Total: \$100,000

Robert Wood Johnson Foundation Healthy Eating Research (Ritchie, Co-PI) 2/20 – 1/22
Title: **Increasing fruit and vegetable intake in low-income children under 5: Piloting expansion of the WIC Cash Value Benefit**
Aim: Using a quasi-experimental design, evaluate the augmentation of WIC participants' fruit and vegetable benefit
Role: Co-Principal Investigator
Total: \$144,702

USDA National Institute of Food and Agriculture AFRI (Ritchie, Madsen, Co-PIs) 4/20 – 3/24
Title: **Transition to freshly-prepared school meals: impacts on meal appeal, student participation, intake, food and packaging waste & school finances**
Aim: Using a quasi-experimental design, evaluate a school district's transition from pre-packaged reheated meals to fresh locally-prepared meals using reusable serviceware on student and foodservice outcomes
Role: Principal Investigator
Total: \$999,986

Johns Hopkins University/Sara Benjamin Neelon (Ritchie, PI) 9/19 – 3/21
Title: **Evaluation of Compliance with Healthy Children's Menu Laws**
Aim: To collect post-policy beverages served with children's meals in fast food restaurants in the San Francisco Bay Area in comparison to New York, Baltimore and Boston
Total: \$54,679

Robert Wood Johnson Foundation Healthy Eating Research (Ritchie, PI) 9/19 – 6/20
Title: **Evaluating the Policy Impact of Healthy Default Beverages in Children's Meals: Cross-state Comparison**
Aim: To collect post-policy beverages served with children's meals in fast food restaurants in comparison to pre-policy in California and Delaware
Total: \$62,080

Stanford/NIH RO1 (NHLBI 1R01HL129288-01A1) (Patel, PI) 4/16 – 5/21
Title: **Water First: The Impact of School Drinking Water Access on Child Food and Beverage Intake and Obesity**
Aim: Examine how a school-based program to promote access to and utilization of water affects student caloric intake and overweight/obesity prevalence.
Role: Co-Investigator
Total: \$1,039,000

UC Agriculture and Natural Resources Competitive Grant to Develop Online Educational Resources Targeted at Underserved Audiences (Ritchie, PI) 4/16 – 6/20
Title: **Healthy Beverages in Childcare: Putting Policy into Practice**
Aim: Develop, pilot-test and validate an online training for childcare providers on healthy beverages
Role: Principal Investigator
Total: \$452,881

USDA National Institute of Food and Agriculture AFRI (Madsen, Ritchie, Co-PIs) 3/15 – 3/21
Title: **Technology and Design Innovation to Support 21st Century School Nutrition**
Aim: Develop, evaluate and disseminate an innovative school nutrition intervention to improve school lunch participation, reduce plate waste, and improve student dietary intakes
Role: Principal Investigator
Total: \$1,996,131

University of Michigan/NIH R01 (NHLBI 5R01HL137731-02) (Colabianchi, PI) 9/17 – 6/21
Title: **The Effect of Built and Social Environments on Childhood Obesity and Racial/Ethnic Disparities in the National Healthy Communities Study**
Aim: Examine the impact of community obesity prevention programs and policies on child nutrition, physical activity and BMI in a nationwide study of communities
Role: Principal Investigator
Total: \$67,212

Westat/USDA (Whaley, Ritchie, Borger Co-PIs) 9/11 – 9/22
Title: **WIC Infant and Toddler Feeding Practices Study-2 (ITFPS-2)**
Aim: Determine prospectively the impact of WIC on infant, toddler and child feeding practices, nutrition and weight status
Role: Principal Investigator
Total: \$127,110

Completed: (selected)

David and Lucile Packard Foundation (Ritchie, PI) 6/18 – 4/20
Title: **California WIC Statewide Survey: Collecting Baseline Data to Document Future Change**
Aim: To collect and analyze data from a statewide sample of WIC participants to inform improvements to WIC services and collect baseline data prior to Packard Foundation investments in improving WIC retention
Role: Principal Investigator
Total: \$150,000

UC Agriculture and Natural Resources Competitive Grants Program (Ritchie, PI) 3/19 – 1/20
Title: **Nutrition Best Practices for Young Children in Family Childcare Homes**
Aim: Develop, pilot and disseminate to FCC providers an online training in English and Spanish on nutrition best practices for young children 0-5 years old
Total: \$24,921

W.K. Kellogg Foundation (Ritchie, PI) 2/16 – 12/19
Title: **National Drinking Water Alliance**
Aim: Initiate, expand and sustain a national movement to promote and support policy and programs that encourage children to drink water instead of sugary drinks
Role: Principal Investigator
Total: \$960,000

Heluna Health Public Health Foundation Enterprises/CDPH (Ritchie, PI) 7/18 – 9/19
Title: **Cross-Sectional Study of the Impact of WIC on Children in California**

Aim: To collect and analyze data from a statewide sample of WIC participants to inform improvements to WIC services and collect baseline data prior to national updates to the WIC food packages and adoption of a statewide electronic benefits transfer system
Role: Principal Investigator
Total: \$137,899

UCOP Global Food Initiative (Martinez, Ritchie, Co-PI) 7/18 – 9/19
Title: **Exploring housing insecurity among UC students**
Aim: To develop and test survey questions on housing insecurity to be added to UC student surveys.
Role: Principal Investigator
Total: \$25,107

NIH R01 (Madsen, PI) 7/13 – 7/19
Title: **RCT of BMI Screening: Effects on Obesity Disparities and Body Dissatisfaction**
Aim: Examine the impact of BMI screening and reporting processes on obesity prevalence, obesity disparities, and unintended consequences among youth in California
Role: Co-Investigator
Total: \$104,593

NIH R01 (Laraia, Epel, Co-PIs) 12/13 – 6/19
Title: **Race, Stress and Dysregulated Eating**
Aim: Evaluate the relationships between stress factors, household food insecurity, and dysregulated eating and weight gain trajectories in a longitudinal cohort of black and white females followed from age 10 to 36 years and weight status in their children
Role: Co-Investigator
Total: \$286,998

NIH R01 (Wang, Prelip, Co-PIs) 9/13 – 6/19
Title: **The Impact of Natural Experiments on Child Obesity: A Systems Science Approach**
Aim: Apply novel causal inference and systems science modeling approaches to investigate the independent and combined effects of obesity-related public policies and community interventions on obesity in preschool-aged children
Role: Senior Investigator
Total: \$106,097

Riverside Unified School Dist./CA Dept. of Food and Agriculture (Ritchie, PI) 10/16 – 6/19
Title: **Farm to School to Community: Riverside Fresh Produce Hub**
Aim: To evaluate the impact of a novel school district hub to distribute produce from local small farmers to smaller school districts, child care facilities, corner stores and restaurants
Role: Principal Investigator
Total: \$153,707

Westat/USDA (Ritchie, PI) 9/17 – 6/19
Title: **WIC Retention Study**
Aim: To examine factors associated with families remaining on the WIC program from 27 states participating in the WIC Infant Toddler Feeding Practices Study-2.
Role: Principal Investigator
Total: \$23,271

UC ANR Opportunity Grant (Ritchie, PI) 12/18 – 2/19
Title: **Evaluating the Impact of SB1192 - Healthy Default Beverages in Children's Meals**
Aim: To document default beverages served in a sample of fast food restaurants in California prior to law requiring only water or milk be served with children's meals
Role: Principal Investigator
Total: \$10,000

Robert Wood Johnson Foundation (Ritchie, Crawford, Co-PIs) 6/14 – 11/17
Title: **In-depth Examination of Diverse Schools with Declining BMI Rates**
Aim: Examine the relationship of community policies, programs, intervention strategies and contextual factors to BMI trends since 2001 among 7th grade students in racially and ethnically diverse low-income California schools
Role: Co-Principal Investigator
Total: \$988,007

Robert Wood Johnson Foundation, Healthy Eating Research (Ritchie, PI) 2/16 – 1/18
Title: **Technical vs. Effective Access to Water: A Photo-Evidence Technique to Assess Drinking Water in Schools**
Aim: Develop, validate and assess feasibility of national implementation of photo-evidence method using students as data-collectors to assess drinking water in schools
Role: Principal Investigator
Total: \$190,000

Robert Wood Johnson Foundation, Healthy Eating Research (Ritchie, PI) 1/16 – 1/18
Title: **Evaluation of Current Childcare Nutrition as a Baseline Prior to Implementation of New CACFP Regulations**
Aim: Inform implementation of the new CACFP nutrition standards in childcare sites serving children 0 to 5 years old
Role: Principal Investigator
Total: \$190,000

David and Lucile Packard Foundation (Ritchie, PI) 9/16 – 3/18
Title: **Impacting the Nutrition of Young Children in California: WIC Surveillance, Evaluating WIC Food Package Revisions, and Nutrition Standards Intervention in Family Childcare Homes**
Aim: Develop study protocols to characterize WIC populations and identify the impacts of proposed food WIC package changes, and conduct a 3-County evaluation of nutrition standards in licensed childcare homes
Role: Principal Investigator
Total: \$115,000

RTI International/USDA (Cates, PI) 10/12 – 9/17
Title: **Nationally Representative Study of WIC Nutrition Education Processes**
Aim: Provide a comprehensive nationally-representative description of nutrition education provided by WIC and conduct a pilot study to demonstrate and refine the evaluation of the impact of WIC nutrition education on women and children
Role: Consultant
Total: \$498,894

Westat (Ritchie, PI) 2/17 – 10/17
Title: **WIC Align Study**
Aim: To consult on an examination of the alignment between WIC food package issuance and actual infant feeding behavior of women from 27 states participating in the WIC Infant Toddler Feeding Practices Study-2.
Role: Principal Investigator
Total: \$1,574

Baylor College of Medicine/USDA (Ritchie, PI) 12/13 – 1/17
Title: **Online Nutrition Education: WIC in the 21st Century**
Aim: Evaluate, using an RCT design, the use, preferences for and short-term impact on WIC participants of online nutrition education in comparison to WIC nutrition education delivered using a standard-practice group class
Role: Principal Investigator
Total: \$248,524

Mandela Marketplace/CDC (Ritchie, PI) 2/15 – 1/17
Title: **Mandela Health and Wealth Net: Addressing Social Disparities Through Locally Owned Enterprises**
Aim: Evaluate the worker-owned market, restaurant, produce stands, and locally sourced food distribution system in Oakland, California
Role: Principal Investigator
Total: \$149,396

Battelle/NIH (NHLBI) (Ritchie, PI) 8/10 – 7/16
Title: **Studying Community Programs to Reduce Childhood Obesity**
Aim: Examine the impact of community obesity prevention programs and policies on child nutrition, physical activity and BMI in a nationwide study of communities
Role: Principal Investigator
Total: \$1,407,320

University of California Office of the President (Ritchie, PI) 11/14 – 6/16
Title: **Project to Mine Existing Data on Food Availability and Security for UC students**
Aim: Document the prevalence of food insecurity among students on all 10 UC campuses and examine what factors are associated with food insecurity as measured by the survey tool developed for college students
Role: Principal Investigator
Total: \$84,205

David and Lucile Packard Foundation (Ritchie, PI) 5/15 – 4/16
Title: **Research to Develop Nutrition Standards for Family Childcare Homes**
Aim: Develop nutrition standards for family childcare homes in California.
Role: Principal Investigator
Total: \$70,000

PEW Charitable Trusts (Ritchie, PI) 4/15 – 3/16
Title: **Case-Study of the Benefits of Improved School Kitchen Equipment**
Aim: Examine the use and impacts on school meals of new school kitchen equipment in a sample of school districts funded by the California Department of Education
Role: Principal Investigator
Total: \$143,467

Orfalea Foundation (Ritchie, PI) 7/15 – 2/16
Title: **Are All School Salad Bars Created Equal? Identifying Best Practices to Increase Fruit and Vegetable Intake for Students**
Aim: Examine relationships between characteristics of elementary school salad bars and student intake of fruit and vegetables
Role: Principal Investigator
Total: \$25,000

Westat/USDA (Whaley, Ritchie, Co-PIs) 9/11 – 12/15
Title: **WIC Infant and Toddler Feeding Practices Study-2 (ITFPS-2)**
Aim: Determine prospectively the impact of WIC on infant and toddler feeding practices, nutrition and weight status
Role: Principal Investigator
Total: \$252,019

W.K. Kellogg Foundation (Ritchie, PI) 6/14 – 12/15
Title: **Bringing Free Drinking Water to Kids**
Aim: Bring together, coordinate, and mobilize key stakeholders nationwide to work collaboratively on a multi-year effort to expand access to free, safe water by children

Role: Principal Investigator
Total: \$120,000

NIH (NICHD) (Abrams, PI) 9/10 – 8/15
Title: **Intergenerational Obesity: Do Early Adversity and Pregnancy Explain Disparities?**
Aim: Examine the combination of early childhood adversity and excessive gestational weight gain during pregnancy which together suggest a potential unexplored pathway contributing to maternal and child obesity
Role: Co-Investigator
Total: \$1,493,110

USDA/CSREES (Crawford, PI) 10/01 – 9/03
Title: **Dietary Patterning and Obesity Through Adolescence**
Aim: Identify dietary patterns in Black and White adolescent girls by reformulating an ingredient-level database into foods as eaten and to examine the relationship of dietary patterns with weight outcomes
Role: Project Director

USDA: #43-3AEM-2-80087 (Crawford, PI) 1/02 – 9/05
Title: **Eating Patterns and Obesity Development in African American Girls**
Aim: Examine the relationship of dietary patterns with weight outcomes in African American girls
Role: Project Director

AHA: #0240102N (Wang, PI) 2/04 – 12/05
Title: **Environmental Influences on Dietary Behavior and Weight: Relationships with Physical and Social Neighborhood Environments**
Aim: The primary aim of this study is to examine the role of the physical and social neighborhood environment in determining weight status among adults living in four California cities
Role: Researcher

UC Davis/FSNEP: #3-ABJ2 MHW (Townsend, PI) 10/05 – 9/06
Title: **Healthy Weight Index for FSNEP Adults**
Aim: Develop an initial version of a Healthy Weight Index to be used as part of the FSNEP evaluation system by FSNEP adult clients in California to assess behaviors associated with healthy weight
Role: Collaborator

UC Davis/FSNEP: #3-ABJ2 MHW (Ritchie, PI) 10/06 – 9/07
Title: **Teaching Kids *What to Eat Where They Eat***
Aim: Provide and evaluate enhanced education about healthy eating to low-income children and their families in the school foodservice setting
Role: Principal Investigator

UC Davis/FSNEP: 3-ABJ2 MHW (Ritchie, PI) 10/06 – 9/07
Title: **Teaching HEART Smart Cooking to Kids**
Aim: Create and evaluate a television program that provides school children the opportunity to actively participate in food preparation in front of a large audience
Role: Principal Investigator

USDA/CSREES- NRI: #2004-35215-14254 (Fleming, PI) 7/04 – 9/08
Title: **Randomized, Controlled Community Intervention to Reduce the Risk of Type 2 Diabetes in Overweight African American Children**
Aim: Design, implement and evaluate a community-based intervention to reduce the risk of type 2 diabetes in inner-city, overweight African American children
Role: Collaborator

USDA/CSREES- NRI: #2005-04881 (Ritchie, PI) 2/06 – 8/10

Title: **Timing of Eating in Relation to Obesity Development in Black and White Girls Through Adolescence**
Aim: Prospectively evaluate the relation of timing of food intake to energy intake and weight status in a sample of black and white girls followed through adolescence
Role: Principal Investigator

Kaiser Permanente (Crawford, PI) 10/07 – 3/08
Title: **Northern California Healthy Eating, Active Living – Community Health Initiative: Technical Assistance**
Aim: Provide technical assistance to Kaiser-funded community-based interventions to reduce the pediatric overweight
Role: Collaborator

California Food Policy Advocates/RWJF (Crawford, PI) 9/07 – 2/09
Title: **California Childcare Food Assessment**
Aim: To assess the food practices and environment in a randomly selected statewide sample of licensed childcare facilities
Role: Project manager

Mathematica, Inc./RWJF (Crawford, PI) 9/09 – 5/10
Title: **Measure Registry for the National Collaborative on Childhood Obesity Research**
Aim: Develop a registry of valid and reliable measures to assess independent, dependent and key moderating variables in childhood obesity prevention research
Role: Project Director

Centers for Disease Control and Prevention (Seto, PI) 10/09 – 9/10
Title: **Community Based Health Impact Assessment for Public Housing**
Aim: Generate local evidence on the impacts of the built environment on health, and use this evidence to recommend modifications to the built environment in future public housing redevelopment that would potentially improve health
Role: Collaborator

California Food Policy Advocates/RWJF (Ritchie, PI) 11/09 – 4/11
Title: **Improving Nutrition in Licensed Childcare Centers**
Aim: Identify reasons why licensed childcare centers do not participate in CACFP, to examine how to improve the quality of food brought from home at licensed, non-CACFP-participating childcare centers and to develop effective policy solutions to overcome both sets of barriers
Role: Principal Investigator

PHFE-WIC/CDPH (Ritchie, PI) 12/08 – 9/11
Title: **WIC Nutrition Education and Food Package Impact (NEFPI) Study**
Aim: Evaluate the impacts of a statewide coordinated nutrition education campaign and federal changes to the WIC food package on WIC participants' attitudes, perceptions and behaviors regarding fruits, vegetables, whole grains, low-fat dairy, and breastfeeding.
Role: Principal Investigator

California WIC Association (Ritchie, PI) 12/10 – 11/11
Title: **Augmenting the WIC Worksite Wellness Program**
Aim: Enhance and build upon an ongoing evaluation of a WIC Worksite Wellness program
Role: Principal Investigator

Abt Associates, Inc./USDA (Crawford, PI) 7/09 – 4/12
Title: **Food and Nutrition Service Evaluation of the Fresh Fruit and Vegetable Program (FFVP)**
Aim: Determine the impact of the USDA FFVP on children's consumption of fruits and vegetables and on other dietary changes, such as decreased consumption of less nutritious foods
Role: Senior Project Director

Centers for Disease Control and Prevention (Seto, PI) 10/09 – 9/12
Title: **Community Based Health Impact Assessment for Public Housing**
Aim: Generate local evidence on the impacts of the built environment on health, and use this evidence to recommend modifications to the built environment in future public housing redevelopment that would potentially improve health
Role: Collaborator

Abt Associates, Inc./USDA (Crawford, PI) 7/10 – 6/11
Title: **Healthy Incentives Pilot Evaluation**
Aim: Determine the impact of Healthy Incentives Pilot (HIP) on the fruit and vegetable intake among SNAP participants
Role: Senior Project Director

California Department of Public Health (Ritchie, Co-PI) 10/11 – 9/12
Title: **California Children's Power Play Campaign Evaluation Study**
Aim: Determine the impact of the Network for a Healthy California Power Play! campaign on children's consumption of fruits and vegetables and on level of physical activity
Role: Co-Principal Investigator

California Department of Public Health/USDA (Ritchie, Co-PI) 11/11 – 9/12
Title: **Innovative Intervention, Evaluation Planning, and Resource Development**
Aim: Improve access to healthy foods and beverages and physical activity by low-income populations in California through planning and evaluation
Role: Co-Principal Investigator

California Food Policy Advocates/RWJF (Ritchie, PI) 9/11 – 2/13
Title: **Evaluating the Impact of New Beverage Nutrition Standards in Licensed Childcare in California**
Aim: Assess the impact of a new state law on beverages on a randomly selected statewide sample of licensed childcare facilities
Role: Principal Investigator

California Food Policy Advocates/Orfalea Foundation (Ritchie, PI) 1/13 – 11/13
Title: **Knocking Down Barriers to Fruit and Vegetable Consumption at School: Unpacking the Problem of Time to Eat**
Aim: Evaluate the relationship of the timing of playtime (before or after lunch), the time allowed for eating during lunch, and mode of breakfast service on intakes of elementary students
Role: Principal Investigator

University of South Carolina/Ridge Foundation (Ritchie, PI) 7/12 – 11/13
Title: **Understanding the Relationships among Child Food Insecurity, Diet Quality, and Physical Activity in Non-Metropolitan Versus Metropolitan Households**
Aim: Examine the relationships between child food insecurity and diet quality and reported exercise using data from the *Power Play!* Evaluation Study
Role: Principal Investigator

Public Health Institute/CDC (Ritchie, PI) 10/12 – 12/14
Title: **Evaluation of the California Community Transformation Initiative**
Aim: Evaluate the impact of Community Transformation Grants in 12 communities in California
Role: Principal Investigator